

# WhiteStone Masonic and Eastern Star Home

## Resident Council

October 23<sup>rd</sup>, 2025

- I. Financial Performance
  - Net Operating Income – 5,263,656 YTD
    - September NOI variance to budget 356,456
    - YTD NOI variance to budget 4,602,323
  - Operating Revenue
    - September revenue exceeded budget by 453,447
    - YTD revenue over budget by 3,999,426
      - IL 327,274
      - AL / MC (10,128)
      - Health Center 216,019
      - Other Operating 3,476,471 (ERC \$2.8M)
  - Operating Expenses
    - September expenses over budget (96,991)
    - TYD expenses under budget 602,896
- II. Occupancy Update (Current)
  - 204 occupied at 97% & 209 sold at 99% of 210 total IL units available:
    - IL Buildings x 0 / Villas: x 0 / Cottages: x 0 / Residential: x 1
  - AL / Memory Care 33 out of 36 occupied (92%)
  - Health Center 77 out of 86 occupied (89%)
- III. Other
  - Resident Satisfaction Survey – Results will be presented when available
  - COVID Update – Upcoming Vaccination Clinic
  - Quarterly Meeting of the WhiteStone Board of Directors 11/15
- IV. Question and Answer

Treasurer Report  
10/23/2025

Suggestions  
aluminum pan \$100 (250)  
Nazi \$200 (250)

1/23 - next meeting

96.50  
624.50  
- 250.00 - Debt  
- 250  

---

\$124.50

Balance)

## Building & Grounds Committee Meeting Minutes

October 13, 2025

Robert Vinroot opened the meeting with a prayer.

### Brightview:

Over seeding and Aeration of grounds has been completed. The areas treated with lime to raise the ph level appears to be working. Discussion was held concerning the pro and cons of Roundup versus Ranger Pro since current product is not working to kill weeds in an acceptable manner. Donna Newton proposed we switch to Ranger Pro; Tom Morrison seconded the motion and majority of attendees voted in favor of the motion. Brightview will make the change as soon as possible. Residents who do not want their yards sprayed with Ranger Pro need to be put on exception list for Brightview staff to adhere to request. Pruning Map provided by Brightview to residents will also be used to notify residence when the grass area will be sprayed. Brightview was requested to provide Joel King with proposal to improve the plants at the CWC entrance near golf cart parking area. First week in November Pine Needles will be spread around Whitestone. Leaf removal will start when they start to fall from trees. Yard trimmings can be placed at the curb and Brightview will pick up and dispose of properly.

### Old Business:

There were 1,000 work orders completed last month for EVS and Maintenance.

Gazebo project is on 2026 wish list.

Wood shop has been tabled for now.

Bench has been placed outside of CWC 200 courtyard area for people with walkers to rest.

Last call for residents to request to have carpet cleaning or window washing this season, Contact Leonard Miller to request service.

### New Business:

List of required duties for apartment and house regular cleaning and deep cleaning requested. Leonard Miller is working on lists.

Residents have asked about adding an automatic door at IL South door that leads to the courtyard near the Rotunda.

Resident question how often dryer vents were supposed to be cleaned? Answer was once a year and Joel is looking into getting it scheduled.

Gail Sigler stated that after House Cleaner left she mopped the bathroom floor and has the bucket of water that shows how dirty the floor was after cleaning by Whitestone staff. Leonard Miller responded that the cleaning product that is being used was not doing the job and is being replaced very soon and residents should be satisfied with new results. Donna Newton stated that she had experienced the same problem.

Traffic problems still exist on campus speeding, going wrong way on streets, failing to stop at stop signs. Staff stated that improve painting on pavement should help solve problem.

Resident complained about the beeping noise in the lobby of IL South near the elevator. Joel explained it was part of the fire system and was to alert staff that there was an existing problem within the fire system and staff would clear when problem was corrected.

Robert announced the next meeting would be in January 2026.

Attendees: Ted Dresie, Tom Morrison, James Everhart, Mark Lewis, Leonard Miller, Linda Christensen, Corinth Milikin, Gail Sigler, Bob DellOrfano, D. D. King, Eleanor Drake, Robert Vinroot, Joel King, Gene Lewellyn, Beverly Cato. Jimmie Dowless, Dona Newton, Arcana Patel

Respectfully submitted:

Robert Vinroot, Chairman

*Jimmie Dowless, Co-Chairman*

**Marketing Committee Resident Council Meeting  
October 23, 2025**

**Bob Dellorfano – Chair**

**Our Committee Members**

Alan Atwell	Don Etherington	Bob Kelly	Archana Patel
Betty Atwell	Donna Ferguson	Barbara Krueger	Ed Phelps
Stuart Brownlee	Ted Fritz	Ellen Levin	John Proudfit
<b>Debi Bryant</b>	Anita Greenstein	Bob Levin	Betsy Schiller
Connie Burbank	Allen Greenstein	Mark Lewis	Helen Ulrich
Beverly Cato	Nancy Howard	Don McCrickard	Robert Vinroot
<b>Meredith Cooper</b>	<b>Monica Hurd</b>	Corinth Milikin	Pat Vinroot
Carolyn Cotton	Phyllis Jones	Tom Morrison	
Sylvia Davis	Charlie Jones	Tommye Morrison	
Ted Dresie	Jill Jones	Donna Newton	

**Independent Living Snapshot – As of October 23, 2025**

**Total IL Units: 210**

**Occupancy: 97% (203 units)**

**Sold/Reserved: 99% (208 units)**

**Current Availability: Working our way through the wait list with several very interested prospects**

**Wait List: 156**

- **Cottages: 1 (as of 10/27)**
- **Villas: 1**
- **Apartments: 0**
- **Residential: 1**

**YTD Event Highlights:**

- 1. Quarterly Luncheon to help Wait List depositors stay engaged**
- 2. Monthly New Resident Orientation**
- 3. Marketing Events (7)**

**Year to Date Stats:**

**Move-ins Completed: 27 (Goal: 20)**

**Internal Transfers: 3**

- **YTD - Initial Inquiries Connected: 532**
- **New Community Tours Provided: 180**

## **Future Planned Events**

- 1. Wait List Quarterly Luncheon 11/5/2025**
- 2. FriendsGiving 11/6/2025**
- 3. WS to host Triad Retirement Living Association's networking meeting 11/11/2025**
- 4. Holidazzle 12/3/2025**
- 5. Committee Volunteer Luncheon 12/10/2025**

I have also included a copy of the "Marketing Minute" that highlights some of the Marketing Events occurring Through the remainder of the year.

Debi and her team will continue to publish the Marketing Minute in November and December. *Committee Team Members will receive an email copy and the hard copy forms will be available at the table opposite the receptionist in the Linville building.*

Next Marketing Committee Meeting January 7, 2025

# WhiteStone

A MASONIC & EASTERN STAR  
COMMUNITY EST. 1912

Founded on fellowship Inspired by you

## OCTOBER 2025 MARKETING MINUTE

### UPCOMING EVENTS:

- 10/15 **New Resident Orientation**  
Fellowship Hall 11:30am
- 11/5 **Quarterly Diamond Dining**  
Fellowship Hall 12:00pm
- 11/6 **Marketing Event: Friendsgiving**  
Fellowship Hall 11:00am
- 12/3 **Holidazzle**  
Linville Clubhouse 5:00p-7:00p
- 12/10 **Mkt. Cmt. Volunteer Luncheon**  
Fellowship Hall 12:00pm

### OCCUPANCY REPORT

97% occupied / Sold to 99%

Cottages Available - 0  
Villa Homes Available - 0  
Apartments Available - 1  
Residential - 1

### DEBI'S BLURB

Thank you to everyone who joined us for Oktoberfest last week! What a fun way to kick off fall - even if the weather was giving more July than September vibes! Shout out to Bob Kelly for those fabulous photos! We especially appreciate those who took the time to welcome our Wait List guests. Feedback from our guests was very positive - everyone had a great time and felt that signature WhiteStone warmth we're known for!

We're truly grateful for everything this committee has done to support this team throughout the year. From mentoring new Residents to opening your homes to prospective Residents - we are thankful for you! As a special thank you, we'd like to invite each of you to our Marketing & Hospitality Luncheon on Thursday, December 10<sup>th</sup> at 12:00. More details to come - we're looking forward to celebrating with you.

### SEPTEMBER 2025 MOVE INS:

Sept	Nancy & Tom Reaves	1005 FMD
Sept	Martin & Mary Jean Fischer	ILS 414

### UPCOMING MOVE INS:

10/1	Carol Harden	ILW 228
10/2	Wright & Ann Horne	1 FD
10/7	Bob Blanchard	ILW 434
Oct	Emory Crawford	ILW 532
Dec	Harvey Lineberry	ILS 313
Dec	Carolyne Burgman	4 YRC

WhiteStone

A MASONIC & EASTERN STAR  
COMMUNITY  EST. 1912

Founded on Fellowship. Inspired by You.



OCTOBER 2025  
**MARKETING  
MINUTE**

Marketing Committee

**VOLUNTEER  
LUNCHEON**

12.10.25

**SAVE THE  
Date**

**12:00PM-1:30PM  
FELLOWSHIP HALL**

**MARKETING  
COMMITTEE**

**Chair:**

Bob DellOrfano

**Secretary:**

Nancy Howard

**MARKETING TEAM**

*If you have any questions or  
comments, please feel free to  
reach out to the Marketing*

*Team:*

Debi Bryant, Director of Sales  
& Marketing

Monica Hurd, Residency  
Counselor

Meredith Cooper, Marketing  
Coordinator

**Resident Referral Program:** 

We would love your help with spreading the word about WhiteStone. Each prospective resident that you refer to us (that results in a move-in), you (current resident) will get a \$1500 credit on your monthly service fee once they move in.

## WEGI Report to Resident Council on 10/23/2025

The WEGI Board of Directors is pleased to update the Resident Council on our fundraising efforts for the year. To date, we have raised \$16,823.40 in donations, which represents approximately 17% of our annual goal of \$100,000. These funds will be distributed to qualified Staff Members during the week before Christmas. Our formal fundraising campaign begins on November 3rd and will run through November 30th. We encourage all residents to participate and help us reach our goal.

All residents are invited to attend our upcoming informational meetings in the Fellowship Hall next Monday, October 27th at 3:00 PM and next Tuesday, October 28th at 10:00 AM. We have new residents that do not know much about WEGI and we have residents who do not have a good understanding of what WEGI is all about and how it works. These meetings are designed to provide answers to anyone's questions and provide a greater understanding of why their role in our fundraising efforts are so important. As a special treat, during these meetings, residents will have the opportunity to witness the special talents of our renowned resident videographer, Fred Wilkerson, renowned resident photographer, Bob Kelly and the special talents of Cindy Bower, Alan Atwell, Stuart Brownlee, JoAnn Cox, and Helen Ullrich. All of these residents have donated their time and talent to produce a video for you that highlights our lives at WhiteStone and focuses upon the talents of our amazing employees. Please be sure to make a special effort to be present at one of these events.

During the meeting, we will display some of the items that some of our residents have generously contributed for our raffle. Anyone who donates to our campaign will receive a raffle ticket to make them eligible to participate in the raffle. The raffle items are sure to excite, so to be eligible to win one of these prizes we encourage everyone to contribute now and during the campaign.

And on top of that, we will sweeten the experiences next week by offering cookies and beverages at the meetings.

If you have any questions regarding our fundraising efforts or upcoming events, please feel free to reach out to Stuart Brownlee, Walter Doughton, Jimmie Dowless, Ted Dresie, Tommye Morrison, Gary and Sandra Wegner, who make up the Board of Directors for WEGI.

## Auxiliary Committee Meeting Minutes

10/20/2025

Attendance: Don McCrickard, Jill Jones, Doris Rogers, Charlie Jones, Shirley Berthold, Bob Kelly, Ted Dresie, Paula Dille, Tom Morrison, Peggy Butler, Alicia Sharp, Mia Sansbury, Judy Covarrubias, Judy Young, Caroline Meurer

Staff Attendance: Allison LeTourneau, Rachel Seibert, Ginger Cottrell

Jill Jones prayed over the committee.

Don opened up the meeting and greeted the committee and thanked the committee for their hard work.

Rachel Seibert updated the committee about the upcoming vaccine clinic on 10/29. Rachel informed the committee that there are a lot of new hires in the Care Center (15 CNAs). Rachel mentioned they are making good movement to the stability of staff in the Care Center.

Rachel informed the committee of new hires: Cristina Torres (Supervisor for Weekend Day Shift) and Brandy Robbins (Supervisor for Weekend Night Shift). Rachel informed the committee of the responsibilities of the weekend supervisors.

Judy Covarrubias mentioned an issue with the parking with staff members parking in the resident spots outside of CWC. Rachel said she will inform the staff members and communicate with the staff member who leads orientation to include this information.

Bob Kelly asked about resident wristbands. Rachel said that CWC has implemented the wristbands. Rachel stated that they are optional due to the CWC being their home. Rachel reiterated that it is their choice and that most residents in the CWC chose to have the wristband.

Don mentioned that the electronic guest sign in was taken away due to it being a trial and CWC is implementing the book again.

Jill Jones asked if the nurses on the medication cart are RNs. Rachel explained that there are LPNs (Licensed Practitioner Nurses), RNs (Registered Nurse), or a MedAide under the supervision of a RN.

Ginger Cottrell updated the committee that Paris Greer, the new Resident Care Coordinator, started in her new role today. Ginger informed the committee that Paris has been with WhiteStone for years, started as CNA and worked her way up.

Don passed around a signup sheet for Front Desk coverage for November/December. Don reminded the committee that the committee will not meet in November or December.

Allison thanked the committee for their assistance with the residents and reminded the residents that calendars are on Uniguest and in their in-house mailboxes.

Allison informed committee members of upcoming events needing assistance in Assisted Living and Care and Wellness Center. Allison will make flyers for in-house mailboxes.

Bob Kelly mentioned that there is still one photo frame ready to be implemented. Bob requested volunteers for this project.

Rachel mentioned the Health Fair for residents in IL in January.

Ginger informed the residents of the Alzheimer's Walk this weekend.

Don, Jill, and Allison agreed to go through the resident list and get volunteers to sign up to visit each resident.

*Respectfully submitted by,*

*Allison LeTourneau, LRT,CTRS*

*Recreational Therapist*

*Community Life Services*

Minutes of the Residential Services Committee Meeting  
October 13, 2025  
Fellowship Hall

**Attendees:** Stuart Brownlee, Karla Stapleton, Bob DellOrfano, Ellen Levin, Linda Christenson, John Serdensky, Joyce Hibshman, Mark Lewis, Ted Dresie, Bob Kelly, Tom Morrison, Tommye Morrison, Carol Rich, Barbara Krueger, Gina Prevost

The meeting began with a reflection on gratitude, emphasizing that life is a gift and gratitude is an investment for the future.

Discussion about internet connectivity and fiber optic options:

Spectrum service increases are common. If we own our fiber optics we can say how they are used.

Fiber optics will be available only in the villages, not apartments, due to existing good connectivity in interior buildings.

Some minor internet outages have occurred, but nothing major.

Residents are asked to fill out a consent form and if they are interested in getting COVID and/or flu vaccines on Wednesday October 29<sup>th</sup>. Please turn those into Alexis at the reception desk. We need to have a number so we will have enough vaccines.

Appreciation expressed to Archana for handling the Resident Satisfaction Survey and the drawings for prizes for those who had filled the out. The prizes were very nice.

There is a service connected to Spectrum that includes some channels like Hulu. It lets you add those on without an extra charge. It was suggested that Bob Dellofano and William hold a meeting with several residents and show them how to do this. Then those people will be able to help others. Mark will speak to William regarding this.

The meeting concluded with the decision that we will not meet in November or December.

Our next meeting will be January 12<sup>th</sup> at 11:15 in the Fellowship Hall.



Betty

Residents Council Meeting

Thursday, October 23, 2025

Campus Care Alliance committee met Tuesday, October 21, 2025 in AL Education Center with 16 committee members and 4 staff members present.

Prior to the meeting 5 committee members met with two nursing staff members in a "get to know each other" hour. This was the third such meeting and the interaction between those giving care and those who potentially may be needing care has proved to be very meaningful. We appreciate leadership allowing these CNAs, LPNs or RNs take a part of their busy time to meet with us.

Tracy Armwood presented an update on her past program on Culture in the workplace at WhiteStone and particularly in relation to CWC. She, or one of her staff, follows up with newly hired employees of WhiteStone several times over their first 6 months here, working hard to retain those employees. The most recently reported turnover rate is still higher than desirable. Many of the questions asked of her by committee members dealt with job training and who are the "trainers". Tracy said more efforts are being made to have the proper trainers in place. The use of cell phones for personal calls by employees was also of concern to our group.

The use of identification wrist bands, a policy recently enacted in CWC, was discussed and the question of why they are not mandatory was asked. DON Rachel Siebert explained there are some CWC residents who opt out of wearing the wrist bands, but since CWC is not a hospital, but a home, the use of wrist bands cannot be mandated.

An educational program on medications for WS residents entering CWC will be held on November 17. Information on time and place will be forthcoming.

In the absence of Josh Hillengass (on vacation), DON Rachel Siebert gave the monthly report regarding call lights responses and falls in the CWC. The reported response time for call lights was higher than the previous month. There remains confusion about how that time is measured and whether the needs/issues of residents there are met as quickly as possible. The nursing staff are working on reducing response times. Also being addressed with specific training of caregivers is fall prevention. The number of reported falls (both witnessed and unwitnessed) was higher this month as well.

Karla Stapleton reported there were 10 Sara alerts this month...all responded to by staff. In addition, the IL Resident Nursing staff have answered a number of calls – not alerted by Sara.

Interviews of residents discharged from CWC continue to be done. We heard brief summaries from five recent interviews. Much of the information was positive, including pinpointing certain caregivers who were special. Of greatest concern seems to be having to wait for pain medication and dissatisfaction with food quality and service. Of interest was one IL resident, having known ahead of the need for coming to CWC, went down for a tour prior to surgery.

CCA is in early planning stages of another Health and Wellness Fair to be held January 15, 2026., with good response already from Staff members who will be participating. Committee members are being asked to assist with this event.

Our next meeting will be November 18, 2025

Connie Burbank  
Cathy Long

## WhiteStone Recycling Committee Minutes

10-6-2025

Present:

Staff:

Residents: Shirley Berthold, Amelia Caison, Leslie Caison, Carol Carpenter, Beverly Cato, Linda Christensen, Frances Cooper, Jim Cooper, Ted Dresie, Corinth Milikin, Tom Morrison, Tommye Morrison, Ed Walker.

Guest: Courney Dietsch.

Linda opened the meeting and welcomed back Ed, chairman of the Recycling Committee.

### **Old Business:**

**Plastic Bag/Recycling:** Amelia reported that she has delivered 158 pounds of plastic bag/recycling and has another 34 pounds (six large bags) ready to deliver. Ed said he will deliver the bags to Food Lion. This means that 192 pounds have been collected thus far. Carol noted that she got 25 pounds from her church for the WhiteStone effort since the church has already reached its goal. June 5 is the deadline for WhiteStone to collect 1,000 pounds and qualify for a bench.

Amelia said that wraps from tablecloths and overwraps that are coming in from Culinary Services are aiding in collection efforts. There are, however, concerns that recycling is not being done in the Bistro. She clarified that you can leave labels on the Amazon plastic bags when they are being recycled.

**Bottle Recycling:** The recycling effort is working well with the kitchen staff and Leonard Miller in that they are assuming responsibility for taking glass to the recycler. There is now a bin in the Rotunda to collect bottles, both from WhiteStone and residents. There are also two blue bins in the outside trash area for glass bottles and jars. Jim Cooper noted that when committee members were taking the glass recyclables it averaged about 100 pounds per month.

**Collection Bins in Rotunda:** There are bins for plastics and bottles in the Rotunda. There are no blue bins there because Archana Patel prefers that the area not be cluttered. There is also a plastics collection bin in front of the hair salon.

**Update on Dining Room and Bistro Recycling Efforts:** No report because Betsy Johnson did not attend the meeting.

Labeling/Placement of Rotunda Bins: Linda noted that the bin for glass needs to be relabeled "Bottles and Jars Only."

Labeling and Placement of IL South Mail Room Blue Bins: Residents putting trash into these bins continues to be a problem.

Create Glass Posters/Flyers: Linda noted that the new flyers were created by Larkin and are very attractive.

### **New Business:**

Ed talked about the recycling efforts he had witnessed in Canada this summer. He said he would like to push Greensboro to launch a composting program for more than leaves this fall. He said that composting can be done without it smelling bad. Canada has embraced recycling, he said, particularly with labeling things that can be recycled. He would like to increase recycling efforts outside of WhiteStone.

Tom pointed out that people will be interested/involved in recycling when there is an incentive. Corinth suggested perhaps using a quiz with questions about things that can or cannot be recycled. When they took the test, they would receive a prize button.

Jim asked if laundry detergent bottles are recyclable if they are empty, clean and dry. Linda said we need to follow up with Macy to determine if larger bottles can be accepted. There was also a question about recycling pill bottles. Most pill bottles are too small and become caught in the grinders at the recycle center. Ed mentioned that the committee members might like to go to the recycling center to see how things are processed. If people want to go, they must be able to climb two sets of steps and they cannot have a pacemaker.

Volunteers for next year's chairman and secretary: Ed said he would remain as chairman and Tommye agreed to serve as secretary for three months. Tula will continue to do the Chit Chat article from the beach; and Ed will also write some articles for Chit Chat.

It was noted that it is important to keep the theme of recycling in front of residents. Ted said we need to continue our education program for residents because there is still a lot of garbage being discarded into the recycling bins. Information sheets have been provided to the Marketing Department to include in materials distributed to new residents.

The next meeting will be held at 10 a.m. on Monday, Nov. 3.

Respectfully submitted,

Tommye Morrison



Ray Hall <secy76@gmail.com>

## Spiritual Support Committee Report

1 message

Ray Hall <secy76@gmail.com>

Tue, Oct 21, 2025 at 8:26 PM

To: Ray Hall <secy76@gmail.com>

The Spiritual Support Committee met October 1 with 9 members present. It was announced that there would be memorial services for James Hall, son of resident Julia Hall and a small private service for Suzanne Pell. There will also be a memorial for Katy Sigmon on Saturday October 25 at 1:00 PM.

It was announced that Misty would be off campus on October 5th and 6th with her daughter Alexis speaking on that Sunday and October 19th and 20th with Pat Thames speaking on October 19.

Topics and dates for IL Bible study are pending at this time.

There will be a HOPEFUL workshop in November.

Misty and Sam gave an expanded presentation on their Honduras mission trip in the fellowship hall on October 13.

Plans are in progress for special services at Thanksgiving, Christmas and Spring holidays (Palm Sunday, Easter, Seder)

Respectfully submitted,

Ray Hall  
Chairman

Bethy Atwell

## WhiteStone Activity Committee Meeting Minutes to Thursday, October 9, 2025

### Ongoing Projects:

---

- **Walk to End Alzheimer's** – still accepting donations to help STOP Alzheimer's! See Gina for the link to donate online – we do accept monetary donations – checks need to be made out to the Alzheimer's Association.
- **Second Harvest Food Bank** – we are collecting canned food items and monetary donations can be made online from October 6<sup>th</sup>-December 4<sup>th</sup>. Box is located across from the elevator at Alexiss's desk – front desk Linville

---

- **Resident Engagement Best Practices Competition**
  - The Community Life Services Department has entered the Life Care Services Resident Engagement Best Practice Competition. You can only submit in 4 different categories and one submission for each category.
  - So far, we have submitted under the Cognitive Vitality, Brain Fitness & Dementia-Inclusive Engagement category regarding our WhiteStone Retreat: A Resident Caregiver Program.
  - All entries must be submitted by October 10th, and the winner will be announced at the Community Life Services Conference on October 29th.
- **Active Aging Week**
  - Active Aging Week – International Council on Active Aging (ICAA) leads the global celebration of Active Aging Week. I registered WhiteStone as a host site for Active Aging Week through ICAA. We are already doing a lot of this, but we planned some extra things for this week. Refer to attached IL Activity Calendar for details of the week – which is from October 6th-10th
- **Active Aging Week Photo Contest**
  - For Active Aging week we are entering a Photograph contest-The Active Aging Week Spirit Award is your chance to highlight your organization's active aging event on a global stage. By participating, you can gain industry recognition and be featured in The Journal on Active Aging. Bob Kelly is taking photos for the event.

#### **Benefits**

- Industry recognition: Stand out in the active aging community.
- Featured publication: Get your story published in the Journal on Active Aging.

---

**Next Activity Community Meeting is Thursday, January 8, 2026, at 11:00 AM in the  
Linville Arts & Crafts Room – Page 1**

- Marketing materials: Receive a press release and preformatted social media announcements to boost your outreach efforts.
- Everyone will get a spirit award certificate for participating. The top five chosen will receive a certificate indicating that esteemed designation (top five). The participation award is automatically generated upon enrollment. Top five recipients will be announced by December 15, 2025.

#### **Judging and submission**

- Submission Period: September 22 to November 15, 2024.
  - Eligibility: Your organization must be a registered official host site.
  - Selection: Judges will choose the images that best capture the spirit of Active Aging Week. The quality of the image and the attempt at telling a story are taken into high consideration. Winners will be announced after the submission period ends.
- Gina attending the **Life Care Services Conference** for Community Life Services & Memory Care October 26-30. She is taking Lora Mize in Memory Care with her. The conference will be held in Des Moines, Iowa.
- 

#### **Activity Highlights for this October:**

Pet Calendar 2026 Photos will be taken, be on the lookout for appointment dates with Larkin.

---

- 10-9 Echoes of a Life: Writing Your Memoir with Alexis Rotella
  - 10-9 Sock Hop Spectacular! An Evening Themed Sock Hop with Music from the 50's, 60's and 70's-Fellowship Hall 6:30pm
  - 10-10 Wellness Wrap Up: Come try low-impact activities at stations in the Group Fitness Room-Corn Hole, Ping Pong, Bocce Ball, Axe Throwing-followed by healthy smoothie tasting
  - 10-10 Active Aging Week Closing Celebration and Awards/Acknowledgements
  - 10-11 - Masonic Home for Children at Oxford – Homecoming!! – Mandy Driving, leaving at 9:00 AM to head to Oxford. A fun day parade, lunch, bring money for shopping and eating. Help support MHCO!!
  - 10-13 1:00-3:0 WhiteStone Retreat-a Caregiver Respite Program
- 

**Next Activity Community Meeting is Thursday, January 8, 2026, at 11:00 AM in the Linville Arts & Crafts Room – Page 2**

- 10-13 – Misty McAden and Sam Main here to present about their Mission Trip in the Honduras at 6:30 PM in Fellowship Hall
- 10-14 – Spintopia with Scott at 6:30 PM in Linville Activity Room
- 10-15 “Where We Have Been, Who We Are” – Resident & Staff Baby Pictures-FH 3:00
- 10-16 Tour of Wake Forest Regenerative Medicine and lunch while gone at stop at Winkler Bakery at Old Salem – call Gina to sign up
- 10-16 - Emeritus Class at UNCG: Pride & Prejudice Course at 1:30 PM – 3:00 PM at Holy Trinity Episcopal Church
- 10-17 – Halloween Themed: Feeling Fit & Functional with Marli Overstreet, Director of Rehab Services at WhiteStone and the Rehab Team at 12:00 AM – 2:00 PM in Fellowship Hall
- 10-18 Saturday Night at the Movies with Roy Smith – “The Man with the Golden Arm”
- 10-20 – Dennis Moser, Community Educator from the Alzheimer’s Association, here to present “Managing Caregiver Stress” part of the “Empowered Caregiver” series at 3:00 PM in Fellowship
- 10-20 – Lynn Haeseler here to Perform at WhiteStone at 6:30 PM in Fellowship Hall
- 10-21 9:30 Trip to NC State Fair - \$5 admission – bring money for lunch and vendors
- 10-21 – Poker Night with Scott at 6:30 PM in Linville Activity Room
- 10-22 - Emeritus Class with UNCG: Health and Medicine Fact Check at 11:00 AM – 12:30 PM at Holy Trinity Episcopal Church
- 10-22 – David Horth and the Blokes here to perform “A Little Bit of Everything” at 6:30 PM in Fellowship Hall
- 10-23 – Resident Council Meeting at 9:30 AM in Fellowship Hall
- 10-23 – Emeritus Class at UNCG: Pride & Prejudice Course Continued at 1:30 PM – 3:00 PM at Holy Trinity Episcopal Church
- 10-23 New Game Alert – Acey Deucey (version of Backgammon) taught by Meredith Cooper in Marketing 3:00 Linville Activity Room
- 10-25 – Walk to End Alzheimer’s at First Bank Park (where the Grasshoppers play) – Let Gina know if you would like to join our team that day. We are accepting donations!!
- **Annual Earlier.org Gathering of Friends – Keynote Speaker: Wyndham Clark PGA Tour Player, 2023 US Open Champion at Grandover Resort. Tickets are \$125 to benefit friends of an earlier breast cancer detection**

---

**Next Activity Community Meeting is Thursday, January 8, 2026, at 11:00 AM in the Linville Arts & Crafts Room – Page 3**

- 10-27 – Robert Buxton Edutainment Experience and Piano Performance at 6:30 PM in Fellowship Hall
- 10-28 – Trivia Night with Scott at 6:30 PM in Fellowship Hall
- 10-29 – Vaccine Clinic – More Information TBA
- 10-29 - Emeritus Class with UNCG: Health and Medicine Fact Check Course Continued at 11:00 AM – 12:30 PM at Holy Trinity Episcopal Church
- 10-30 Van Gogh: The Immersive Experience in Winston-Salem- Tickets are \$25.90 walk thru is 1 hour to 1 ½ hours depending
- 10-30 - Emeritus Class at UNCG: Pride & Prejudice Course Continued at 1:30 PM – 3:00 PM at Holy Trinity Episcopal Church
- 10-31 – Halloween Themed Wine Down and Costume Contest – Linville Clubhouse at 3:30 PM

### **November:**

- 11-1 – Saturday Night at the Movies with Roy Smith – “A Walk in the Woods”
- 11-2 – The Wiz Tanger Center – 5:30 pm – leave WhiteStone – show starts at 6:30pm
- 11-3 – Emeritus Class with UNCG: 100 Things we’ve Lost to the Internet Course at 9:00 - 11:00 AM at Creative Aging Network
- 11-3 – Emeritus Class with UNCG: How did we Here? A Historical Guide to Today’s Issues at 11:00 AM – 12:30 PM at Trinity Episcopal Church
- 11-3 - Tracy Armwood - Trip to Africa Presentation to IL Residents at 3:00 PM in Fellowship Hall
- 11-5 - Emeritus Class with UNCG: Health and Medicine Fact Check Course Continued at 11:00 AM – 12:30 PM at Holy Trinity Episcopal Church
- 11-5 to 11-7 – Residents Overnight Trip to Biltmore Estate and to see Tutankhamun: The Immersive Exhibition
- 11-8 Saturday Night at the Movies with Roy Smith – “Gideon’s Trumpet” Starring Henry Fonda
- 11-10 - Emeritus Class with UNCG: How did we Here? A Historical Guide to Today’s Issues at 11:00 AM – 12:30 PM at Trinity Episcopal Church
- 11-12 - Emeritus Class with UNCG: 100 Things we’ve Lost to the Internet Course at 9:00 - 11:00 AM at Creative Aging Network

---

**Next Activity Community Meeting is Thursday, January 8, 2026, at 11:00 AM in the Linville Arts & Crafts Room – Page 4**

- 11-13 – Holiday Makers Market at WhiteStone at 10:00 AM – 4:00 PM in Fellowship Hall - CALLING ALL ARTISANS - We invite YOU to come out and showcase and SELL your talents & collections. Textiles, Paintings, Photographs, and more!
- 11-13 Greensboro Gargoyles Hockey Game at Greensboro Coliseum – 6:30pm – playing the Tahoe Knight Monsters \$44
- 11-17 - Emeritus Class with UNCG: How did we Here? A Historical Guide to Today's Issues at 11:00 AM – 12:30 PM at Trinity Episcopal Church
- 11-17-Presentation with Josh Hillegass, Health Center Administrator and Kali Hollingsworth, WhiteStone Pharmacist -Coming to the Care Center and Pharmacy
- 11-19 Dr. Cheryl Greenburg here-Breaking the Age Code – Presentation-Fellowship Hall 3:00pm
- 11-21 Wild Tails – Exotic Animals – back again 1:30pm Fellowship Hall
- 11-24 - Emeritus Class with UNCG: How did we get Here? A Historical Guide to Today's Issues at 11:00 AM – 12:30 PM at Trinity Episcopal Church
- 11-24 - Back to the Classics with Vocalist Becky King and Guitarist Mark Bastien at 3:00 PM in Fellowship Hall

#### **December:**

- 12-3 – WhiteStone Annual Holidazzle – Save the Date – more info to come – 5pm-7pm Linville Clubhouse
- 12-4 Memory Tree Dedication Program at 3:00pm in the Chapel
- 12-5 Silent Auction 10am-5pm – All money raised will go to the Alzheimer's Association and WhiteStone's Food & Toy Drive-Fellowship Hall
- 12-6 Carolina Theatre to see Mark O'Connor's An Appalachian Christmas – leave WhiteStone at 6:15, show starts at 7:30pm
- 12-7 The Nutcracker presented by UNC School of the Arts – Tanger Center- show starts at 1:00pm, leave WhiteStone at 12:00pm
- 12-8 Greensboro Tarheel Chorus Holiday Concert – Fellowship Hall 6:30pm
- 12-10 WhiteStone Chorus Holiday Concert 3:00pm
- 12-14 The Outsiders at Tanger Center-leave at 5:30pm, show starts at 6:30pm
- 12-16 CLS Department will be passing out Angel Tree Gifts to Care and Wellness Residents on Tuesday, December 16<sup>th</sup> from 2:30-3:30. If you would like to volunteer to help pass out gifts – please call Gina at 336-510-4802

---

**Next Activity Community Meeting is Thursday, January 8, 2026, at 11:00 AM in the Linville Arts & Crafts Room – Page 5**

- 12-17 An Afternoon of Music with Jackson Middle School's Band Ensemble & Choir- 4:00 Fellowship Hall
- 12-17 Greensboro Gargoyles vs. Atlanta Gladiators with Andrew 6:30pm leave WhiteStone
- 12-17 Dolly Parton's Smoky Mountain Christmas Carol- leave WhiteStone at 7:00pm, show starts at 8:00pm – with Mandy

### **Discussion:**

- **Please be sure to check your October Calendar for replays of Katy Sigmon's Life Story – a Tapestry Woven over 99 years! Uniguest Channel 1390**
- **Suggested a Trip to JOLO Winery in Pilot Mountain in November.**
- **Any other suggestions for activities or trips? Let Gina know.**

### **To be Scheduled**

---

- Mike Crenshaw and Weaver Academy's Digital Ambassadors here to provide technical support for residents – Approval has been given from William – November 2025
- Piedmont Classical High School Students here to do an Activity/Event – Date TBD
- Pen Pal Project with Grimsley High School Students – Date TBD

---

**Next Activity Community Meeting is Thursday, January 8, 2026, at 11:00 AM in the Linville Arts & Crafts Room – Page 6**

## Sept. Food Com.

The food committee met on Sept. 11  
Chef Eric gave us a demonstration on  
the preparation of Gnocchi and  
everyone got to sample it.

Several comments - concerns were  
made by our attendees:

Comment cards were mentioned again  
wanting our residents to use  
them instead of voicing concerns  
at our meetings. Betsy will read  
the cards and hopefully act on  
some of them.

Our food committee protocol has  
changed from its former type of  
meeting but hopefully our staff will  
will listen to and act on some  
of the residents' concerns which do  
need attention.

Phyllis L. Jones

Food and Beverage Oct. 2025

The food and beverage committee met on Thursday Oct. 8 at 2 o'clock.

David Croper and Nikki Stafford were our speakers.

Nikki filled us in on the upcoming remodel of the buffet room. She thinks this will happen in January of '26.

There will be new fixtures including buffet-salad bar and dessert bar with much needed racks to slide your trays on.

With the absence of Betty David answered a few questions that were asked.

There will not be food demonstrations with the regular meetings in the future.

There has been a charge added for to go ice cream if you have dessert with your meal.

Phyllis L. Jones