



Grand Opening of the new Induction Buffet Line in IL main dining in April 2026.

APRIL 2026

M.E.S.H. Monthly Report: Board of Directors

WhiteStone
A MASONIC & EASTERN STAR
COMMUNITY  EST. 1912
Founded on fellowship. Inspired by you.

WhiteStone A Masonic & Eastern Star Community | 700 S. Holden Road | Greensboro, NC 27407

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VISIBILITY APRIL 2026

WHITESTONE COMMUNITY VISIBILITY – LEADERSHIP

DATE(S):	MEETING(S)/EVENT(S)
Weekly:	<i>Women's Coffee – Fellowship Hall 9am-10:30am, Wednesdays</i>
Weekly:	<i>Men's Coffee – Fellowship Hall 9am-10:30am, Fridays</i>
Weekly:	<i>Wine Down – Fellowship Hall 3:30pm-5pm, Fridays</i>
Monthly:	<i>Masonic Luncheon [1st Tuesday] Main Dining Room</i>
Monthly:	<i>Resident Council Meeting [Last Thursday] Fellowship Hall</i>
Monthly:	<i>New Resident Orientation & Lunch [3rd Wednesday]</i>
April 2nd	<i>Easter Egg Hunt for Staff</i>
April 14th	<i>Bridal Shower for Staff</i>
April 22nd	<i>Staff Event: Earth Day</i>
April 29th	<i>Grand Opening of New Induction Buffet Line</i>

WHITESTONE FRATERNAL VISIBILITY - LEADERSHIP

DATE(S):	MEETING(S)/EVENT(S)
Monthly:	<i>Masonic Luncheon [1st Tuesday] Main Dining Room</i>
Monthly:	<i>MESH Chapter #379 Meeting [1st Saturday] Fellowship Hall</i>
Monthly:	<i>MESH Lodge #771 Meeting [2nd Saturday] Fellowship Hall</i>

WHITESTONE RESIDENTS: COMMITTEES, SERVICES & SUPPORT

DATE(S):	MEETING(S)/EVENT(S)
Weekly:	<i>Women's Coffee - Fellowship Hall 9am-10:30am, Wednesdays</i>
Weekly:	<i>Men's Coffee - Fellowship Hall 9am-10:30am, Fridays</i>
Weekly:	<i>Caregiver Support Group - Woodbury Game Room 1p-2p, Thursdays</i>
Weekly:	<i>Worship Service – Streamed on Channel 1390 & Chapel 10am-11am, Sundays</i>
Monthly:	<i>WhiteStone Resident Committee: Marketing [1st Wednesday]</i>
Monthly:	<i>WhiteStone Resident Committee: Spiritual [1st Wednesday]</i>
Monthly:	<i>WhiteStone Resident Committee: Activities [2nd Thursday]</i>
Monthly:	<i>WhiteStone Resident Committee: Food & Beverage [2nd Thursday]</i>
Monthly:	<i>WhiteStone Resident Committee: Buildings & Grounds [2nd Monday]</i>
Monthly:	<i>WhiteStone Resident Committee: Campus Care Alliance [3rd Tuesday]</i>

DATE(S):	MEETING(S)/EVENT(S)
Monthly:	<i>WhiteStone Resident Committee: Auxiliary [3rd Wednesday]</i>
Monthly:	<i>WhiteStone Employee Gratitude Initiative Committee</i>
Monthly:	<i>Resident Council Meeting [Last Thursday] Fellowship Hall</i>
Monthly:	<i>WhiteStone Retreat: A Caregiver Respite Program [3rd Tuesday]</i>
As Needed:	<i>WhiteStone COVID Task Force</i>
April 9th	<i>Recycling Committee Lunch & Learn Event</i>
April 21st	<i>COVID Vaccine Clinic</i>
April 29th	<i>Grand Opening of New Induction Buffet Line</i>

WHITESTONE BOARD OF DIRECTORS: COMMITTEES, SERVICES & SUPPORT

DATE(S):	MEETING(S)/EVENT(S)

LIFECARE SERVICES [LCS]: SERVICES & SUPPORT

DATE(S):	MEETING(S)/EVENT(S)

WHITESTONE EXPANSION: PROJECT(S) & REPORTING

DATE(S):	MEETING(S)/EVENT(S)

WHITESTONE TECHNOLOGY INFRASTRUCTURE: PROJECT(S) & REPORTING

DATE(S):	MEETING(S)/EVENT(S)

WHITESTONE NEW RESIDENT: PROSPECTING EVENT(S):

DATE(S):	MEETING(S)/EVENT(S)
Monthly:	<i>New Resident Orientation & Lunch [3rd Wednesday]</i>
April 22nd	<i>Marketing Event: April Open House</i>

WHITESTONE EMPLOYEE: RECOGNITION, RECRUITMENT, & RETAINMENT:

DATE(S):	MEETING(S)/EVENT(S)
Bi-Weekly	<i>New Hire and General Orientation</i>

DATE(S):	MEETING(S)/EVENT(S)
April 2nd	<i>Easter Egg Hunt</i>
April 14th	<i>Bridal Shower: Brittany Brown, Misty McAden, Tatianna Wings, Meredith Cooper</i>
April 18th	<i>Outdoor Adventure Club: Horseback Riding</i>
April 20th – 24th	<i>Administrative Professionals Week</i>
April 21st	<i>ECPI Table sit with Staff</i>
April 22nd	<i>Staff Event: Earth Day</i>

WHITESTONE EMPLOYEE: APRIL SERVICE ANNIVERSARIES

EMPLOYEE NAME:	YEARS OF SERVICE:	DEPARTMENT:
<i>Jennifer Lewis</i>	<i>1 yr</i>	<i>Food & Beverage</i>
<i>Quentin Murray</i>	<i>1 yr</i>	<i>Food & Beverage</i>
<i>Christina Rodriquez</i>	<i>1 yr</i>	<i>Food & Beverage</i>
<i>Stephanie Williams</i>	<i>1 yr</i>	<i>Nursing</i>
<i>Teresa Coble</i>	<i>1 yr</i>	<i>Nursing</i>
<i>James Hudson</i>	<i>1 yr</i>	<i>Plant Operations</i>
<i>Susan Jones</i>	<i>1 yr</i>	<i>Nursing</i>
<i>Jazmin Ray</i>	<i>1 yr</i>	<i>Environmental Services</i>
<i>Robert Cole</i>	<i>2 yrs</i>	<i>Plant Operations</i>
<i>Kennedy Iroque</i>	<i>2 yrs</i>	<i>Nursing</i>
<i>Tracy Neal</i>	<i>3 yrs</i>	<i>Nursing</i>
<i>Erica Timmons</i>	<i>6 yrs</i>	<i>Food & Beverage</i>
<i>Nikki Stafford</i>	<i>7 yrs</i>	<i>Financial Services</i>
<i>Narges Kaviani</i>	<i>10 yrs</i>	<i>Nursing</i>
<i>Archana Patel</i>	<i>12 yrs</i>	<i>Administration</i>

KEY PERFORMANCE INDICATORS – APRIL 2026

GREEN *Light Key Performance Indicators [KPI's]: Summary of Findings –*

YTD Net Sales IL	Budget of 6 with actual net sales at 7.
YTD IL Closings	Budget of 6 with actual closings of 7.
IL MTD Occupancy	Averaged 204.7 for the month on a budget of 205.
AL MTD Occupancy	Averaged 23.2 occupied for the month on a budget of 21.6.
YTD REVPOR	REVPOR budget of 6,821 with actual 6,894 a +1.1% variance.
YTD EXPPOR	EXPPOR budget of 6,574 with actual 6,536 a +.6% variance.

YELLOW *Light Key Performance Indicators [KPI's]: Summary of Findings –*

MC MTD Occupancy	Averaged 10.8 for the month on a budget of 11.5.
HC MTD Occupancy	Averaged 75.6 for the month on a budget of 77.5.
YTD NOI	Actual of 801,591 on budget of 874,709, a negative variance of (73,118).

RED *Light Key Performance Indicators [KPI's]: Summary of Findings –*

Days in AR	Days in AR average of 16.2 versus target of 19. 44% of total AR 90 days outstanding versus benchmark of 15%.
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COVID-19 TASKFORCE & UPDATE(S) – APRIL 2026

We continue to be COVID free throughout the month of April.

A COVID Booster Clinic was held on April 29th for all campus residents.

WHITESTONE LEADERSHIP TEAM: DIRECTORS REPORT

DIRECTOR	NAME DEPARTMENT
Mr. Mark Lewis, LNHA	Executive Director
Mr. Josh Hillegass, LNHA	Health Services Administrator
VACANT	Director, Clinical Services
Mrs. Ginger Cottrell	Assisted Living Manager
Mrs. Tracy Armwood, SPHR	Director, Human Resources
Mrs. Debi Bryant	Director, Sales & Marketing
Mr. Joel King	Director, Plant Operations
Mr. Leonard Miller	Director, Environmental Services
Mrs. Jenna Grant	Director, Fraternal Friendship Program
Ms. Nikki Stafford	Director, Finance
Mr. Frederic Pauthonnier	Director, Culinary Services
Mrs. Gina Prevost, LRT/CTRS	Director, Community Life Services
Mrs. Misty McAden	Director, Spiritual Services & Chaplain
Ms. Archana Patel	Executive Assistant

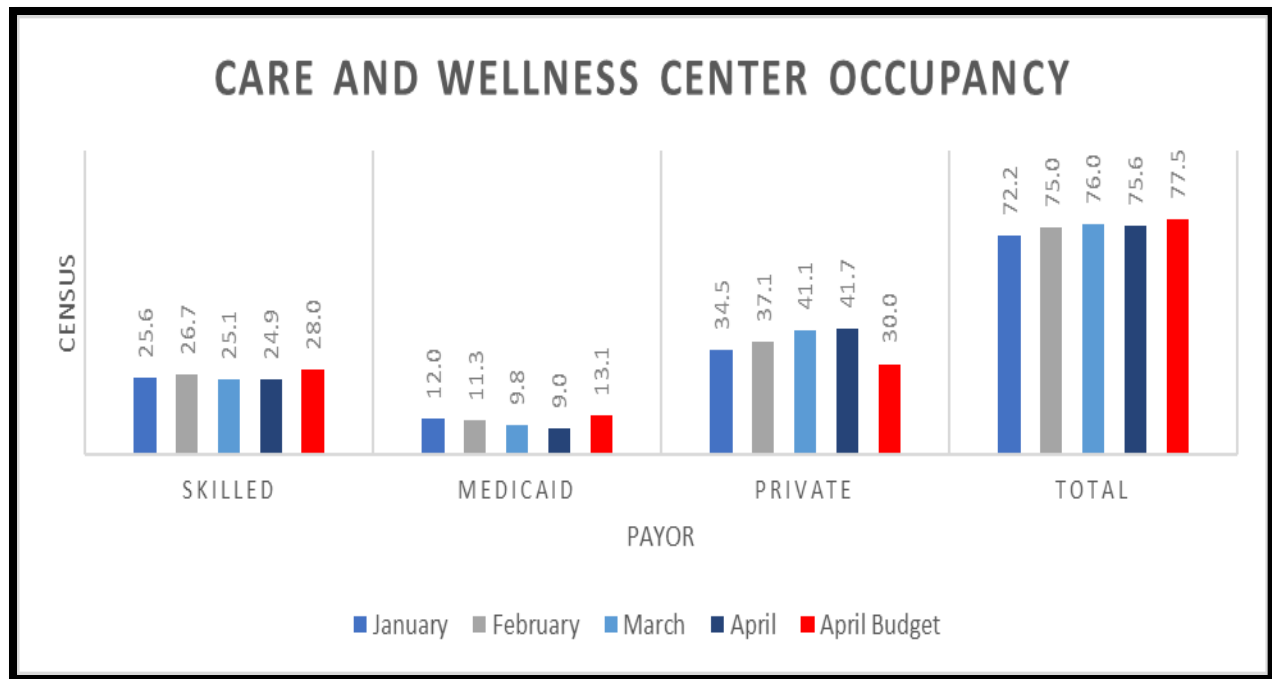
HEALTH CENTER REPORT

April 2026 Overview

During the week of April 6, 2026, our Life Care Services Clinical Specialist conducted a Mock Survey of the Assisted Living and Care and Wellness Center. As a result of this review, Assisted Living achieved an overall score of 98%, while the Care and Wellness Center received a score of 88%. The survey identified several key opportunities for improvement, including Infection Control, Dietary Services, Medication Storage, and Documentation Compliance. Our team has already identified next steps, and plans of correction have been drafted and are actively being implemented to address each of the identified areas.

Census Updates

In April, census remained fairly stable from month to month. Both our total census and skilled remained slightly under budget for the month. Our team continues to both develop our long-term census as well as our skilled therapy census to work to improve our overall census back to budget.



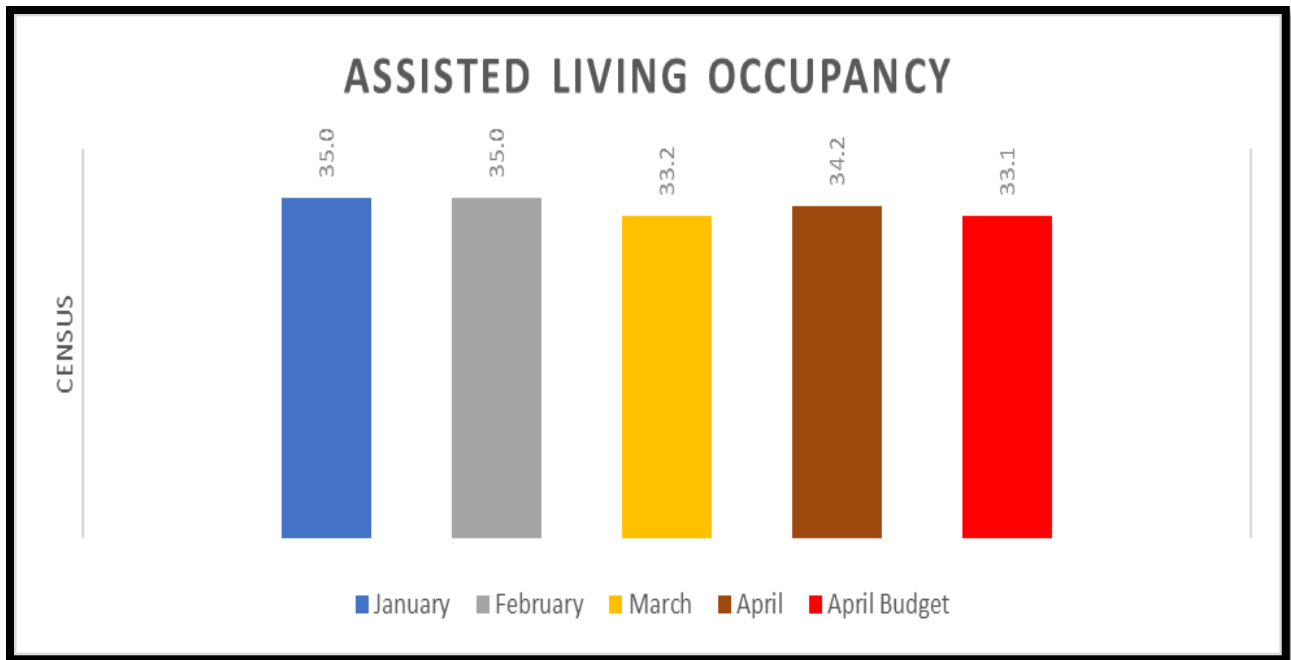
Clinical Updates

As of April 22, 2026, Rachel Seibert, Director of Clinical Services, has resigned from her position due to a family health matter. We are grateful for Rachel's service to WhiteStone and the dedication she brought to our community. Our thoughts are with her and her family during this time.

Over the coming weeks, we will begin a comprehensive search for our next Director of Clinical Services. During this transition, our top priority remains ensuring continued high-quality care and support for residents in both our Health Center and Assisted Living.

ASSISTED LIVING & MEMORY CARE REPORT

April continued with strong occupancy for both Assisted Living and Memory Care. Our community remained above budget for both levels, and we continue to have strong interest in these levels of care.



HUMAN RESOURCES REPORT

April 2026 Overview

Turnover

12.04% turnover YTD 2026. Compared to 14.68% YTD for 2025.

Decrease of 2.64% in turnover overall. We seen an increase within the first 90 day turnover to 31.4% with the terms we saw in April.

Workers Comp – We do have one injury with a work comp claim. CNA of 30 years JR, fell in the hallway corridor from AL to CWC where the carpet transitions to the hard floor. She stated she trip on her own feet falling on her hip. Fall resulted in a hip fracture and surgery. Employee is currently out of work.

EEOC and Legal Update – No further update

Related to the Notice of Charge from the EEOC filed by Stephanie McLendon, we obtained counsel with Ogletree Deakins to assist with the filing of the position statement considering the prior notice received from a representing attorney prior to the filing at the EEOC. Position statement was due February 11th and was submitted. You may recall that we received a demand letter in reference to an employee, Stephanie McLendon, Assisted Living CNA/Med Aide, seeking a settlement related to workplace discrimination. This 4employee was employed with WhiteStone for just over 3 months and was terminated due to refusal to perform CNA duties and gross insubordination towards a supervisor.

DOL Wage and Hour Complaint – On April 30th, we received a letter regarding a complaint filed with the DOL Wage and Hour division related to wages for hours worked not paid. Employee indicated they were not paid for March 29th, however there were no punches on the timecard for this date. HR/PR was not made aware of this issue until April 29th when employee reported the issue to our office. We were able to validate her hours with the home care manager on April 30th. We feel the complaint was trigger after the employee made multiple attempts to get this resolved with the scheduler. Response was due to the DOL by May 7th. Response was delivered via email to DOL May 6th and missed wages paid to employee were processed and paid May 5th. We will wait for a response from the DOL in hopes this matter is fully resolved.

Overtime: 1398.19 hrs of OT for April 2026 at a cost of \$52,893.62. Keep in mind there were 3 payrolls in April. Compared to 1,724.45 hrs for April 2025. A decrease by -326.26 hrs on the month and total YTD increase in overtime from last year by 35.85 hrs of OT. As you know we saw slight increase in OT hours for Jan and Feb. We have focused efforts on OT reduction reducing OT hrs for March and April by 843.7 hours.

Budgeted FTEs – Total April/YTD FTEs: 230.69 2026 Budgeted FTEs – 234.9 Variance: -4.21 FTEs UNDER budget. Those over budget for the month are as follows:

Nurses: 5.21 over budget Security: .52 over budget Health Center CNAs: .97 over budget
Memory Care CNAs: 1.22 Dietary Aides: 1.11

Monthly Turnover		
	2026	2025
Jan	0.67%	3.30%
Feb	1.95%	4.58%
Mar	2.68%	3.04%
Apr	6.74%	3.77%
May		3.77%
Jun		5.12%
Jul		2.70%
Aug		1.60%
Sep		2.93%
Oct		0.65%
Nov		2.54%
Dec		0.31%
TOTAL	12.04%	34.31%

Recruiting

Recruiting summary: April 2026 - 238 New Candidates; 57 scheduled interviews; 17 offers with 14 hires. 2026 YTD HR has processed 1,265 candidates, 221 interviews scheduled interviews; 80 offers with 65 hires.

Other HR News

After the result of our All Staff Pulse survey, we pushed out another follow up survey to take a deeper dive into some of the questions seeking more detailed feedback around their ratings. We are still analyzing that data and will have that out soon.

The search is on for another DON. We have had one interview with a candidate we are not interested in moving forward with. We do a two more we are in communications with. We are also researching a new Executive Search firm to assist us with the search.

Marla Dickey, People and Brand Strategist in the HR department is no longer with us. Marla came from the airline industry and she received a call to head up a new office and she was an offer she couldn't refuse. Marla made a great impact in her time with us establishing branded banners and flyers and slew of new contacts and connections with schools and area agencies. Her role has solidified the need for a "marketing" role in the HR department to focus on marketing our community from an employer perspective.

Job Openings

IMMEDIATE OPENINGS

05/06/26

Job Title	# of Openings	New Candidate Pipeline	Attempting to Contact	Interviews Scheduled	Offers Pending
Director of Nursing & Clinical Services	1			1	
RN weekend supervisor 7p-7a	1				
People and Branding Strategist	1	10	4	1	
FT Cook	1			2	
FT Utility	1	1	7	1	
CNA--1st FT	1	2	7	1	
CNA--1st PT	1	2	7		
CNA--2nd FT	4	2	7		
CNA--2nd PT	2	2	7		
MED--2nd PT	1				
Nurse--2nd FT	2		6		1
Nurse--2nd PT	1		6	1	
CNA--3rd FT	2	2	7		1
CNA--3rd PT	1	2	7		
Nurse--3RD PT	2		6		
Nurse--3RD FT	1		6		

total openings: 23

Openings
after Offers: 21

Total Offers: 2

Interviews
Scheduled: 7

MARKETING & SALES REPORT

April 2026

Occupancy

- *Occupancy: 201 units (96%)*
- *Sold/Reserved: 207 units (99%)*
- *Availability:*
 - *Cottages, IL Apartments: 2*
 - *Residential Apartments: 1 (Benn 144)*

Sales Activity

- *Sales: 4*
- *Cancellations: 0*

Move-Ins & Pipeline

- *(1) April Move-Ins: 112*
- *(5) Upcoming Move-Ins: 310, 533, 349, 343, 708FM*

Transfers

- *(2) insurance policy: (215, 513)*

Move-Outs

- *(5) April Move-Outs:*
 - *708FM*
 - *215 (deceased)*
 - *533, 310, 513 HLOC*
- *(5) Upcoming Move-Outs*
 - *4B*
 - *342, 214, 334 (HLOC)*

Marketing

- *April Open House – 4/22/26 – very successful – 51 attendees*
- *New Resident Orientation 5/20/26*

Wait List Luncheon – 6/4/26

PLANT OPERATIONS REPORT

April 2026

Last Month's Activities

- *Finalized new contract for landscaping services. Continue to work on ways to save community money to help with high snow removal invoice.*
- *Continue progress on Fiber project for villas and cottages*
- *Continue to monitor work order numbers for the community*

Accomplishments for the Month

- *Assisted Nikki with completing buffet renovation project.*
- *Completed 1107 work orders*
- *Completed courtyard upgrades for CWC*
- *Applied pine needles to common areas on main campus.*

Plans for the Next Month

- *Schedule Paving project for community.*
- *Continue to work on beautification of the community*

Issues and Concerns

- *Continue to address work orders asap.*
- *All positions filled*

ENVIRONMENTAL SERVICES REPORT

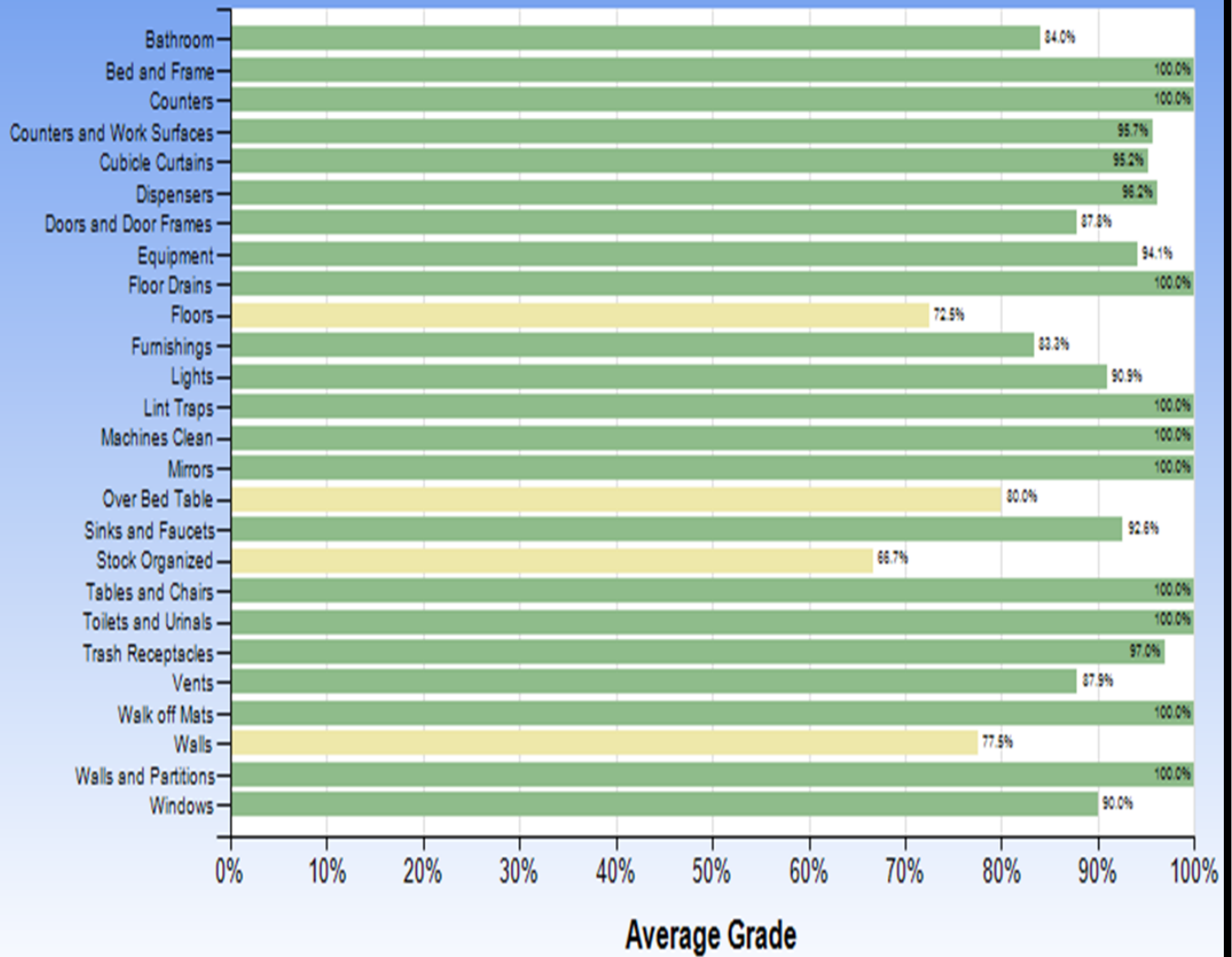
Last Month's Activities:

- *Start new trash assistance service for villas*
- *Extracted 100, 200, 300 CWC hallways and Main Dining*
- *Train employees based on inspection results from QA program*
- *Cleaned outside patio cushions*
- *Deep cleaned x3 AL rooms to get them move in ready*

Accomplishments for APRIL 2026 are as follows:

- *Completed all carpet extractions on IL floors 1-5*
- *Onboarded new Custodian*
- *Identified CWC curtains that needed new rolling hooks*
- *Deep cleaned the Buffet room and assisted in the project to prepare for new equipment*
- *Deep Cleaned the serving station in main dining*
- *Tested and implemented new guest experience scents in first impression areas to enhance visits (have received very positive feedback from staff to visitors)*
- *Revised Routine cleaning and Deep cleaning documents and distributed to residents*

Average Grade per Quality Line Item



OUTREACH FOUNDATION: FRATERNAL FRIENDSHIP PROGRAM

April 2026 Report

Stats

- *Outreach total of \$11,947.41*
 - *6 long term members*
 - *1 short term members (emergency)*
- *18 WhiteStone residents received assistance*
 - *16 in Independent Living*
 - *2 in Assisted Living*
 - *0 in Memory Care*

Potential Referrals:

- *(3) Scholarship (Move-in Assistance)*
- *(0) Long Term Assistance*
- *(2) Short Term/Emergency Assistance*

Activity this month:

- *Completed 2 Annual Reviews*
- *Ordered groceries for members*
- *Paid bills for outreach members*
- *Attended Masonic Luncheon*
- *Gave birthday cards to members*
- *FFP Presentation at Kernersville Lodge*
- *MCSA Outreach Call*
- *Took member to pool for therapy 3 times/week*
- *NCMF Board Meeting*
- *Met with a resident and Detective Harrill with GPD regarding a financial scam*
- *Took member to counseling at Family Justice Center*

If you know of a member who needs assistance, please contact:

Jenna Grant - Director of Fraternal Friendship

Email: jgrant@meshhome.org

Phone: (336) 601-5593

FINANCE REPORT

Medicaid update – 3 upcoming Medicaid applications. 2 Nikki will assist with and 1 is being handled by the family.

The audit is being presented at the board meeting on May 9th and the compilation for the DOI report is pretty much set. Nikki does need to work on her parts to the actual disclosure statement for the NC DOI and finish those. The community has successfully filed 2 quarters of new reporting that the DOI implemented in 2025 as a way to have continual information throughout the year and not just at year end to monitor occupancy, financials and operating reserves.

The Buffet project is complete! I hope you all enjoy the updated look.

The fiber project should be completed by May 15th – this was slightly delayed due to Single Digits lack of response to email communications, but we have gotten it back on track and thankfully have an end in sight. The fiber team was great to work with and has given us at least 1 recommendation of a company that can bid for our services when our SD contract is close to ending.

March financials showed a strong 1st quarter performance and a big push by all department heads to evaluate expense cuts to cover unexpected expenses such as snow removal, board expense approval and the community's medical provider. OT dropped by 35% from February to March.

CULINARY SERVICES REPORT

April 2026 Monthly Report

- *March 17th St Patty's Day was great. Residents really enjoyed the authentic menu we cooked from scratch and the desserts....and turned out to be Our Executive Director's Mark Lewis Birthday.*
- *Residents continue to report an improvement in food quality, temperature and presentation. At wine down residents told Frederic how much they appreciate the charcuterie board each week and the improvement in the hot food offerings.*
- *We started Theme days focus on a different country menu once a week usually Thursdays. We featured Poland, Cuba, Spanish and Italian*
- *Continuing to get great reviews/comment self-served Golden Waffle station and made to order omelets station on Sunday Brunch. The residents absolutely love it.*

Accomplishments for the Month

- *Transition to the buffet induction line on April 29th. It was a great team effort between housekeeping and maintenance and F&B to collaborate and get this achieved.*
- *We also were able to donate the old line to some Masonic lodges.*
- *Installed and using Combi oven in CWC Kitchen.*
- *Serving Lunch and dinner in all 3 A.L. kitchen.*
- *Hydration stations in A.L. dining areas.*
- *New Executive Chef Travis Holdren will be here 60 days on May 5th. He has organized the kitchen production for buffet and A La Carte to improve prep and consistency as well; as cooking technics.*
- *We changed all chemicals to Ecolab. Cintas replaced soap dispensers and indoor/outdoor floor mats. They will manage paper towels & soap dispensers, floor mats and installed 71st aid kits in all kitchen campus wide.*
- *Alsco Linens is now delivering twice/week, so we do not run out of linen.*
- *A la Carte started on April 20th. Some residents love the new menu and others do not. We knew it was going to be mixed feedback. Overall comments are the food is coming out faster, reducing the ticket time, which was the goal.*
- *We were over \$4K on the food budget but \$13k under on other expenses.*

Plans for the Next Month

- *Work and monitor new induction line for temperature and service efficiency*
- *Get food runner to refill salad bar during service since it is ½ the size of old salad bar.*
- *Created new schedule for Bistro workers to minimize food shortage and increase customer service.*
- *Once the electrical is installed in Bistro move in the Merry chef to replace the panini press.*
- *Train Bistro staff on the new Merry Chef.*
- *Scheduling on site training with Rational chef to train our cooks on the new combi oven in CWC.*
- *Finalizing training manual for all foodservice workers campus wide.*
- *Follow up with nursing and develop a residents menu choices protocol to help minimize the traffic from nursing and family members to the kitchen and disrupt tray line service..*

Issues and Concerns

- *No problems or issues to report currently.*

COMMUNITY LIFE SERVICES REPORT

April 2026 Monthly Report

1. Resident Engagement & Communication

Welcoming & Integration

- *Continuing structured onboarding and engagement support for all new Independent Living (IL) residents.*

Publications

- *Producing and distributing monthly communication materials:*
 - *Chit Chat*
 - *Healthcare Highlights*

Communication Lists

- *Maintaining accurate and current email lists for:*
 - *CWC families*
 - *AL families*
 - *Independent Living residents*

2. Resident Information Management

- *Ensuring current resident photos are uploaded to:*
 - *Uniguest*
 - *Point Click Care (PCC)*
- *Maintaining and updating the CWC Host List.*

3. Program Development & Operational Improvements

Program Exploration

- *Actively researching the Motivation Alliance Program as a potential platform to enhance resident engagement opportunities, modeled after its use at Croasdaile Village.*
- *Challenged each area at WS to come up with quarterly resident/family events. CWC has planned one for June 28th – Ice Cream, Craft & Music. AL just did one for Mother's Day – Paint. We will do another one in September and then the December one will be the Resident/Family Christmas Party. The next one will be March 2027*

Technology & Workflow Efficiency

- *Recently started a new Calendar function through Uniguest and the new calendar format has been received well – lots of great compliments. Currently exploring through Uniguest – sign up for off campus trips function. We will roll this out once we get an understanding of how everything works.*

Staff Culture & Presence

- *Emphasizing increased staff visibility and presence in resident areas and reducing time spent in offices.*

Departmental Professional Development

- *Department is finished reading The Energy Bus by Jon Gordon. Our next book we are getting ready to start is The Carpenter by Jon Gordon.*
 - *Weekly team discussions are structured as follows:*
 - *IL Team – Mondays*
 - *AL Team – Tuesdays*
 - *CWC Team – Wednesdays*
 - *Sending notes to Mark, Josh, Tracy, Ginger so they can stay abreast as to what is going on in each area.*

- *Lora is currently taking a Laughter Yoga course to become certified and to implement in Assisted Living. She can also train our CWC and IL teams if this is something we want to expand in to those areas.*
- *Gina and CC have signed up for the ICAA Wellness Certification Course. LCS's goal is to have 100% participation - to have at least 1 person signed up from each community. In this course You'll join a growing group of LCS wellness leaders focused on:*
Wellness • Joy-span • Connection • Movement • Nutrition • Longevity

4. Staffing & Department Updates

New Team Member

- *Alyssa Henry joined the department on Monday, March 2nd.*
 - *She has hit the ground running and is already demonstrating strong initiative.*
 - *Alyssa is showing particular enthusiasm for expanding and enhancing CWC programming and has taken on our Volunteer program from her past history working with volunteers.*
 - *Early ideas and observations indicate she will be a valuable asset to the team.*
- *Sara Ramirez in AL is planning on working as long as she can before taking maternity leave. Getting cleared by her doctor this week to continue working.*
- *We offered to Capricia Moore-Stanley for the Assisted Living position. Hopefully she will be in Orientation on May 14th and her first full day with us will be on May 18th.*
- *Working on Courtyard Revamp project with Josh and Joel. This project will be completed once we put everything out. As of today 5.7.26 the shipments were still coming in but then all 3 courtyards will be completed.*
- *Lots of good IL off campus trips are planned between now and July and October and will be planning more as time goes along.*
- *Working on Walk to End Alzheimer's fundraising opportunities and team sign ups to walk with us on Walk Day – October 17th -monthly planning and discussion meetings.*
- *American Red Cross Blood Drive at WhiteStone was held on Friday, May 1st from 2:00pm-6:00pm. We had 14 donors and saved approximately 42 lives!*

Upcoming IL Activities & Trips

- *Gina distributed a "Save the Date" list highlighting:*
 - *Upcoming one-day IL trips*
 - *Important Independent Living activities*
 - *Many residents have complimented and thanked the department for doing this.*
 - *As you can see below, we have been really busy planning!*

Trips/Special Events coming up in May:

- *May 1st American Red Cross Blood Drive 2pm-6pm*
- *May 2nd Tri M (National Music Society) performance at WhiteStone 2:00pm Fellowship Hall*
- *May 2nd Annual Kentucky Derby Social 5:00pm Rotunda*
- *May 5th – Fiesta, Friends & Flavors – Cinco de Mayo Social 3:00 Rotunda*
- *May 7th – Trip to Reynolda House in Winston-Salem*
- *May 8th – Drive thru Greek Food Sale at Dormition of the Theotokos Greek Orthodox Church*
- *May 9th – Quarterly Board Meeting*
- *May 11th – 9 holes of golf at Pinewood Country Club*
- *May 11th – Project Lifesaver presentation with Guilford County Sheriff's Office & The Pilot Club International*

- *May 11th – WhiteStone Lecture Series – Kenn Gardner here to speak. Title of his program is: Beside the Still Waters – the Strange Dance between NC Baptists & Moonshiners – 6:30pm in the Fellowship Hall - Kenn Gardner is the former Wake County Commissioner and was a Republican candidate in the 2012 election for North Carolina Secretary of State.*
- *May 12th Club Fitness Tour for residents to play Pickleball*
- *May 13th Sip & Paint – Custom Made Aprons*
- *May 14th – NC Zoo Trip – Ride and a Guide – eat lunch onsite – shop afterwards – this trip is currently full with a waitlist.*
- *May 18th – Fishing with Andrew at Lake Townsend*
- *May 20th – “Celebrating Folk Music” with Greyson Leybourne & the WhiteStone Chorale 3:00pm Fellowship Hall*
- *May 21st – Discovery Series with Marli Overstreet, WhiteStone’s Rehab Director– Topic is Ergonomics*
- *May 22nd – Eastern Guilford High School Jazz Ensemble led by Mason Kyle Dortch 2:30pm – Fellowship Hall*
- *May 27th – Trip to Old Salem in Winston-Salem, NC*
- *May 27th – Pause Before You Pay – A Scam Prevention Refresher with Detective Harrell Greensboro Police Department and Heather McGill from the Family Justice Center*
- *May 28th – Trip to Caesar’s Casino in Danville, Virginia*
- *May 31st – WhiteStone Car show from 2pm-4pm in the CWC parking lot.*
- *We will be going to several Greensboro Grasshoppers baseball games, but I did not list them here. – at least 4 in the month of May.*

SPIRITUAL SERVICES REPORT

Worship & Memorial Services

- Conducted 3 Sunday Chapel services (and planned the one with a guest speaker when I was on PTO)
- Conducted Easter week service and communion (Maundy Thursday)
- Hosted St Andrew's Episcopal Midweek Eucharist service in Chapel

Pastoral Encounters

- Hospital/Hospice House visits: 1
- CWC encounters: 36
- Assisted Living encounters: 15 (+walk-throughs to visit residents during lunch and after Bible studies)
- Independent Living encounters: 42
- Employee support: 1

Programs & Groups

- Bible Studies – CWC: 4, AL: 4, IL: 0
- Support Groups – RISE: 2, HOPEFUL: 1

Meetings & Additional Ministry in April

- CWC daily report, Collaborative Care Team, Spiritual Support Mtg., Auxiliary Mtg, Resident Council Mtg., Leadership Mtg, Leadership huddle, Monthly Mtg with Mark
- Card ministry: birthdays, anniversaries, bereavement, thinking-of-you
- Bible study preparation for all 3 levels of care
- Attended IL coffees and activities as able
- Marketing open house

MAY 2026 Planning Calendar Highlights

- Sunday 3rd – Chapel service/communion
- Monday 4th – HOPEFUL support group, 2 p, IL South 5th floor clinic
- Tuesday 5th – CWC worship – 10:30/ AL worship – 2 pm
- Wednesday 6th – Spiritual Support Committee 2pm
- Sunday 10th – Mother's Day Chapel service
- Sunday 17th – guest speaker/ Chapel service
- Tuesday 19th – St Andrews Episcopal service
- Sunday 24th - guest speaker/ Chapel service
- Tuesday 26th – CWC worship – 10:30/ AL worship – 2 pm
- Sunday 31st- Chapel service

Long-Term Planning

- Chapel lighting improvements (approved)
- Carpet and pew touch-up (hopefully this summer)
- Interfaith meditation service on Sundays in 5th-floor clinic or Fellowship Hall (hopefully starting in June)
- 3-week Depression workshop (Redefining Joy - hopefully starting in June or July)
- IL Bible study starts back in June. Books ordered.

PTO Taken: April 12th

PTO Upcoming: May 11–25