

Whitestone Resident Council Meeting Minutes

July 24, 2025

Fellowship Hall

Livestreamed on – 1390

1. The meeting was called to order by Allen Greenstein, President
2. Misty McAden, Chaplain, gave an opening prayer.
3. Tracy Armwood, Human Resources Director, recognized several employees with Super Star Awards. List is attached.
4. Anita Greenstein, treasurer, reported there is \$556.85 in the treasury. Suggestions have been given for ways to use the funds, i.e.
 - build paved pathway to benches under the trees in circle area
 - Above area outside gym to accommodate wheelchair entry.
 - supplying another grocery buggy.
 - donate to the Randy Gants Go Fund Me account.
5. Mark Lewis, Executor Director, reported:
 - \$1,300 has been raised to date for Randy Gant's Go Fund Me Account. He encouraged donations as the family is in need of assistance. He also encouraged sympathy cards and notes to the family.
 - He thanked everyone regarding their patience with the dining room shut down. It will reopen all dining rooms on Friday, the 25th for dinner.
 - The CWC generator is fully installed and functioning now.
6. The following reports were presented by the committee chairs and are on file in the appropriate notebook in the Library.

Environmental - Robert Vinroot
Campus Care and Alliance - Connie Burbank
Auxiliary - Don McCrickard
Spiritual Support - Ray Hall
Activities - Annette Cuozzo
Marketing - Bob Dellorfano
Food & Beverage - Phyllis Jones
Resident Services - Stuart Brownlee
Recycling - Presented by Tula Crumpton in Linda Christensen's absence
7. Ted Dresie asked for those interested in helping with a Nominating Committee to please contact him.

THE NEXT MEETING WILL BE AUGUST 28, 2025.

Submitted by: Betty Atwell, Secretary

Treasurer's Report
7/24/2025

June 556.81
84.08

640.81

suggestions: go fund for Randy
Path for Handicap in Park by Benches
Putting green (shared cost)
Beach
flowers for support groups table
2 grocery baskets

WhiteStone Resident Council Agenda

July 24, 2025

Fellowship Hall

LIVE STREAMED ON 1390

WELCOME

Allen Greenstein

PRAYER – Chaplain Misty McAden

EMPLOYEE RECOGNITION AND AWARDS – Tracy Armwood

Last Meeting's Minutes are in the library

Please give copies to:

Secretary - Betty Atwell

Treasurers Report – Anita Greenstein

COMMITTEE REPORTS

Environmental – Robert Vinroot

Campus Care & Alliance – Connie Burbank & Cathy Long

Auxiliary – Don McCrickard

Spiritual Support - Ray Hall

Activity – Annette Cuozzo

Marketing – Bob Dellorfano

Food & Beverage – Phyllis Jones

Resident Services – Stuart Brownlee

Recycling – Linda Christensen

NEXT RESIDENT COUNCIL MEETING: August 28, 2025

(FELLOWSHIP HALL)

ADJOURNMENT

Super Star Awards

awards)

Service Anniversaries

Employee Name	Department	Year
Mandy Duncan	EVS	3
Allison LeTourneau	CLS	5

Mark

WhiteStone Masonic and Eastern Star Home

Resident Council

July 24th, 2025

I. Financial Performance

- Net Operating Income – 1,574,089 YTD
 - June NOI variance to budget 73,926
 - YTD NOI variance to budget 1,068,376
- Operating Revenue
 - June revenue exceeded budget by 79,838
 - YTD revenue over budget by 610,020
 - IL 218,226
 - AL / MC (6,241)
 - Health Center 184,829
- Operating Expenses
 - June expenses over budget (5,911)
 - YTD expenses under budget 458,356

II. Occupancy Update (Current)

- 204 occupied at 97% & 208 sold at 99% of 210 total IL units available:
 - IL Buildings x 0 / Villas: x 0 / Cottages: x 0 / Residential: x 2
- AL / Memory Care 33 out of 36 occupied (92%)
- Health Center 75 out of 86 occupied (87%)

III. Other

- Welcome – Amanda Montgomery, RN, Asst. Director of Nursing
- DON Recruitment – Ongoing
- Randy Gant Go Fund Me

IV. Question and Answer

Betsey



7/24/25

Dear Residents of WhiteStone,

We're pleased to share that repairs are still ongoing, but the buffet side of the main dining room is now complete.

- Lunch Service resumes as normal
- Dinner will be offered with two seating times: **4:30 pm and 5:30 pm**
- Dinner – We'll be offering a Special "Steak me Away Salad" \$12 consisting of Mixed Greens, Red Peppers, Tomatoes, Cucumbers, Pecans with Blue Cheese

Reservations are **required** please call 336-510-4936 to reserve your table. We can accommodate parties of 2 or 4 only to ensure timely turnover. This limited A la Carte menu will remain available.

If you have any questions or concerns, please contact

Sincerely,

Betsey Johnson

Director of Culinary Services

WEGI Report to Resident Council on 07/28/2025

The WEGI Board of Directors have been meeting regularly and planning for our next campaign which will begin during the first week of November and end the last week in November. Several residents have been contributing monthly donations to be applied toward their 2025 WEGI contribution. To date, they have contributed \$8,050.32. These contributions will be added to those collected during the campaign and the total will be contributed to our dedicated employees who are not in a management and leadership role.

Last year, you and your families and friends contributed \$64,562. We did not have a goal last year because we were just starting the process of collecting funds to be distributed to our employees. After a year of collecting donations and projections for our campaign this year, the Board has established a goal of raising \$100,000.

We will have a raffle of great prizes on the first Friday of January 2026 during Wine Down. We have already received several outstanding items which we will raffle. If you have some artistic talents that you would like to showcase and contribute for this raffle, please talk with one of the members of the WEGI Board of Directors.

Do you have any questions.

Robert

Building & Grounds Committee Meeting Minutes July 14th, 2025

Minutes:

Brightview:

We were introduced to a new Landscaping technician. Steve Heidler has an extensive background in horticulture and grounds maintenance. We think he will be a great asset to Brightview and to our community

Old business:

1. There were 859 work orders completed for June and July
2. Tripping hazards in Linville Circle and IL South courtyard have been looked at and will be repaired by concrete contractor Deen Cheek.
3. Curb pressure washing will continue this month down Scottish Rite Ct.
4. CWC generator project has been completed.
5. Window and carpet cleaning is available.
6. 11 new parking spaces completed.
7. The walk in freezer project is still underway, hope to be completed in August.
8. Tree by new dog park will be trimmed up and treated.
9. The dead pine tree in front of Latham has been removed as well and the stump.
10. Dining room duct work is moving along well and should be completed within a week or so.

2026 wish list:

- Plant trees along the fence on Spring Garden Street.
- Add Gazebo on Hill above CWC
- Woodworking shop

Connie

- We have been very busy this month keeping up with IL residents' concerns and questions, meetings between ourselves, and visits with residents in the Care Center. Our monthly meeting was last Tuesday, the 15th of July. We had a big turnout of about 20 people, including regular members, and staff members Josh Hillegass, Karla Stapleton, Archana Patel, our CWC summer intern Marline Senessie, and two guests.
- We chose Josh as our main speaker. We had met with Mark Lewis and him recently to learn about improvements to practices in the CWC. We have been promoting these changes for a very, very long time, and feel that when these new initiatives are finalized, WhiteStone residents, CWC residents and their families, will feel more assured about the culture of our Care and Wellness Center.
- The call light system is in full working order. Staff members, from LPNs to Josh, CWC Administrator, and the future Director of Nursing, now carry pagers to enable faster response times. From now on, response times will be from the time the bell was pushed until the response is completed by staff. There has been sufficient training for this to work smoothly.
- Coordination of care between shifts is being improved with the concept of "shift huddles" occurring before the 7:00, 3:00, and 11:00 shift changes. For example, when a shift ends, the staff pass on important information about patients that the next shift needs to know before their day begins. So far this is working well.
- The Host Program revamping had been assigned to Marline, our summer intern. She has visited every room and patient, explaining the name and purpose of their host. She has made a roster of the hosts and assigned back-up hosts, in case they are needed. Also, dear to our hearts, is that she has designed "badge buddies" to be put on staff name tags so that their assigned patients and families will know who they are. Kudos to Marline for this, and we wish you the best as you complete your college year. Discussion is being done to have the host program in the Assisted Living wing as well.
- RNs and CNAs will be working on a team basis, rather than an individual basis, to improve quality of care. This program will roll out soon. It is planned that the team approach will be implemented in the rehab and long-term care population also.
- From now on, point of care documentation will be done by staff members throughout the day, as opposed to being done at the end of their shift. This will improve accuracy and timeliness of the information.
- Lastly, discharge follow-up for the CWC needs improvement. A social worker or an RN will call to check on discharged patients to see how they are doing at home. The committee will continue to complete interviews with IL residents who have been discharged from the Care Center. The committee is very encouraged with these developments, so we will keep you informed as we go forward.
- Mark Lewis invited Sharon Maguire from Life Care Services to present the concept of person-centered care. She described the purpose of it, what it means, and ways to implement it in a setting like our CWC. She met with our staff there and understands that they are receptive to implementing her ideas.
- Our next meeting will be August 19, 2025 at 10:30 in the IL Education Center. Comments?

Don

Auxiliary Committee Meeting Minutes 7/21/2025

Attendance: Don McCrickard, Jill Jones, Fran Mooney, Tabbie Nance, Caroline Meuer, Carolyn Cotton, Paula Dille, Bob Kelly, Judy Young, Judy Covarrubias, Ted Dresie, Terry Nottage, Joe Gecinger, Corinth Milikin, Peggy Butler

Staff Attendance: Allison LeTourneau, Gina Prevost, Josh Hillegass, Misty McAden, Marline Senessie- administrative intern, Archana Patel

Don opened up the meeting and greeted the committee and thanked the committee for their hard work.

Misty led the committee in prayer.

Marline updated the committee about the CWC and AL. Marline informed the committee that the AL/CWC has one covid case and requires masks in the CWC for at least 2 weeks. Marline informed the committee that Josh has been conducting interviews for a director of nursing and that a new assistant director of nursing has started, Amanda. A search is underway for a Director of AL.

Don mentioned the CWC Host Program and informed the Auxiliary Committee members of the protocol and progress of the program. The committee praised the program. Improvements have been made to enhance the effectiveness of the program.

Don and Gina Prevost informed the committee of the forthcoming Person to Person presentation, an individualized care training for staff and residents. Residents will attend Tuesday night at 6:30 in the Fellowship Hall. Gina informed the committee of what the program will entail and how it affects the residents. Jill stated that it sounded wonderful. Don encouraged the committee members to attend.

Bob Kelly revisited the armband identification topic for those in the Care Center. Don stated that the resident information is located in the computer program, which is used by the designated nursing staff who administer medication. Bob Kelly mentioned that it hasn't prevented medication errors. Don stated that the health staff members feel this is the home for those who live in the CWC and AL, and armbands appear to be too institutional, like a hospital, when armbands are used. Josh will continue to follow up with staff to get their thoughts.

Don passed around the sign-up sheets for committee members to volunteer to staff the CWC Front Desk on weekend afternoons for August.

Allison informed the committee that the August calendars are being worked on and will be distributed when they are finished. Allison mentioned that Jillian Tolley, who works in AL, will work on updating the visitation guide. Allison said that those will be distributed in members' in-house mailboxes when they are ready.

Jill Jones suggested adding a "Visitor Check in" book on one of the tables by the Fitness Room. Carolyn Cotton stated that there is sometimes no sign in book in AL near the elevators. Don stated that it is an ongoing problem. Jill informed the committee that the book is at the serving area in AL.

Don encouraged residents to continue to sign in so we can audit and monitor who is being visited and who needs more visits. Jill asked for opinions on having a book at the table. Carolyn Cotton stated that it may be overlooked. Don requested assistance to get the word out to inform the committee where the sign-in book is located.

Paula Dille asked about the monthly volunteer sheets and how important it is to fill them out. Gina encouraged the residents to continue to fill them out, because CLS has to report on the hours.

Paula asked if there is any financial outcome because of the volunteer hours. Misty informed us that there may be a certification associated with the hours. Corinth stated that it may be related to a charitable cause for WhiteStone. Gina requested to receive the volunteer hour sheets by the last day of the month so it can be calculated for the management report. Misty googled the question and informed them that it relates to being a nonprofit.

Bob Kelly informed us that there is a second photo frame ready to be used in AL or CWC. Bob requested two volunteers to assist with this. Tabbie shared a testimony of using the photo frame with the current resident who has one. Bob voiced that it is a great conversation starter.

Jill Jones brought up the "Sorry we missed you" cards that Larkin created. Jill described the purpose of these cards. Don and Carolyn voiced concern about the difficulty of writing on the dark blue cards. They suggested to lighten the color on the cards. Allison will follow up on this.

Tabbie Nance and Jill Jones suggested delivering cards to each CWC resident during special events/holidays.

Don opened the floor for any other concerns/comments.

Don reminded the committee to keep visiting the residents and thanked them for their service.

Respectfully submitted by,

Allison LeTourneau, LRT, CTRS

Recreational Therapist

Community Life Services

Gmail

Ray Hall <secy76@gmail.com>

Ray

Spiritual Support Committee Report

1 message

Ray Hall <secy76@gmail.com>
To: Ray Hall <secy76@gmail.com>

Tue, Jul 22, 2025 at 5:44 PM

Our regular meeting was held June 2nd.

We placed a wreath on the door of the guard house in memory of Randy Gant.

The discussion regarding improving lighting in the chapel continued. Joel King will be at our August meeting to discuss the possibilities for lighting.

We will prepare a plaque to recognize the gift of the stained glass cross by JoAnn Cox.. We discussed ways to get power to the light showing the cross. This has been taken care of.

Our next meeting will be held August 6 at 2:00 PM in the Arts and Crafts room

Respectfully submitted,
Ray Hall
Chairman

WhiteStone Activity Committee Minutes to Resident Council

Thursday, July 24th, 2025

Topics of Discussion

- Scott Oliver was present to talk about what he does at WhiteStone.
- Residents wanted an update on the bus, which is experiencing a transmission issue and is waiting on parts. It was brought up that we could add a new bus to the budget for next year. It has since been fixed.

Activity Highlights for this July

- 7-4 – Fourth of July Annual Golf Cart Parade and Soda Float Social
- 7-7 – Back to the Classics with Becky King Musical Performance
 - She is to come quarterly due to positive response from Residents.
- 7-9 – Mater Madness: Tomato Sandwich Social – Please note that we do require sign-ups
- 7-9 – York Rite Ice Cream Social
- 7-9 – Patty Carver Performance – “Debbie Reynolds: Showbusiness Legend”
- 7-11 – Bingo Buggy with Scott – Redeem your points from your Bingo Wins for Prizes – Fellowship at Hall
- 7-14 – Viking Riverboat European Travelogue: Viking Cruise Travel Presentation with Bob Kelly, Ted Dresie, Stuart Brownlee, Helen Ullrich, Janet Bartlett, Donna Peterson at 6:30 PM in Fellowship Hall
 - This presentation was very successful with a full house. We will be scheduling the presentation to occur a second time on August 4th, 2025 at 6:30 PM in the Fellowship Hall.
- 7-16 – David Horth and his band “The Blokes” to perform at WhiteStone – More Information to Come – Fellowship Hall @ 6:30 PM
- 7-17 – BigBoy Barbeque Dinner in the Rotunda - Smoked pork BBQ, Red BBQ Slaw, Cowboy Smoked Baked Beans, BBQ Potatoes, and Hushpuppies
- 7-18 – **Feelin’ Fit and Functional with Marli Overstreet’s Rehab Department and WhiteStone Maintenance Department moving to the Fellowship Hall**
- 7-21 - Plastics/Film Recycling and the NexTrex Mission with Cathy Ingram Presentation – Fellowship Hall at 3:00 PM

- 7-23 – “The History and Future of AI:” Part 1 of the *Living with Artificial Intelligence* Series with John Dancy, UNCG Student – Fellowship Hall at 6:30 PM
 - John had to push his presentation due to his work having him start Night Shifts, it was too short notice to get time off for July 7th, so we’re postponing the second part of his series to August and so forth.
- 7-28 – Pool PAWty at WoofStone Park – Appointments available from 9:30 AM – 11:00 AM – Just a fun little event for pups to have a little playdate with each other and fun in the sun with Puppy Pools – Call Archana to sign up at 336.547.2913.
- 7-29 – Residents go to see the RUGLIFE Exhibit at the Weatherspoon Art Museum with Andrew and Larkin – Leave at 2:00 PM
- 7-31 – Vital Information Day for Independent Living Residents – Fellowship Hall from 10:00 AM – 3:00 PM

Additional Items Discussed:

- Larkin discussed that we have the new bar cart in for Wine Down. We have the refrigerator on rollers to make it an easy transition to set up. We were back in the Fellowship Hall as of July 11th, 2025.
 - We also discussed aluminum cans and wine bottles were discussed and what to do with them at Wine Down.
- No WhiteStone Resident Choir concert on the 17th of September – They have been rehearsing every other week and feel a December Concert would be more appropriate. Details TBA.
- Budget Review for 2026: Larkin discussed their idea for a demonstration to gather interest about Fine Arts Classes being introduced at WhiteStone.
 - August 11th – Artistry in Action: Demo & Discover with Larkin and WhiteStone Artists @ 12 PM – 4 PM
 - Stop by and look at what could be offered and tentatively signup for 2026.
 - Jo Ann Cox will be demoing stained glass, Larkin will demo printmaking, Connie Burbank will demo oil painting, and Cindy Bower will pottery.

Future Activity Highlights for August - September

August:

- 8-4 - Recycling and Waste Reduction Presentation at WhiteStone with Masey DeMoss – Fellowship Hall at 3:00 PM
- 8-4 – REPEAT of the Viking Riverboat European Travelogue: Viking Cruise Travel Presentation with Bob Kelly, Ted Dresie, Stuart Brownlee, Helen Ullrich, Janet Bartlett, Donna Peterson at 6:30 PM in Fellowship Hall
- 8-7 - "Reflections Through the Prism of History: Freemasonry, Conflict, and Legacy" with Mason Steven Campbell – Fellowship Hall @ 2:00 PM
- 8-9 - Board Meeting at WhiteStone
- **8-11 – “Artistry in Action: Demo & Discover” with Larkin and WhiteStone Artists – Linville Arts and Crafts Room @ 12:00 PM – 4:00 PM**
- 8-13 – Part 2 of the *Living with Artificial Intelligence* Series with JT Dancy, Topic TBA at 1:00 PM in the Fellowship Hall
- 8-14 – **Lora Mize here to speak about his duties within the Community Life Services Department at the WhiteStone Activity Committee Meeting – Linville Arts & Crafts Room @ 11:00 AM**
- 8-18 - Alzheimer's Association Presentation with Community Educator, Dennis Moser – Topic TBA – Fellowship Hall at 3:00 PM

September:

- **Date TBD for Pamela Boerger from Blue Moon Benefits to speak about the changes in Medicare during an Evening in September.**
- 9-4 – American Red Cross Blood Drive – WhiteStone Group Fitness Room @ 1:00 – 5:00 PM
- 9-8 – Back to the Classics with Vocalist Becky King and Guitarist Mark Bastien @ 3:00 PM
- 9-9 – Medicare Updates and Insights with Pamela Boerger from Blue Moon Benefits at 6:30 PM in Fellowship Hall
 - Join us for an informative session on Medicare updates, presented by a licensed agent from Blue Moon Benefits Group. This event will cover general Medicare information (excluding plan-specific details) in preparation for the

2026 plan releases and the upcoming Open Enrollment period. Handouts will be provided, and attendees are welcome to schedule follow-up consultations.

- **9-11 – Andrew Howard here to speak about his duties within the Community Life Services Department at the WhiteStone Activity Committee Meeting – Linville Arts & Crafts Room @ 11:00 AM**
- 9-15 - Breaking the Age Code: Beliefs and Attitudes for Positive Aging Emeritus Class with UNCG at the Creative Aging Network with Dr. Cheryl Greenberg from 9:00 AM – 11:00 AM – Transportation Provided by CLS and the Class is \$15 a person.
- 9-19 - Randy Riggle Clean Entertainment Comedy Show at 2:00 PM in Fellowship Hall
- 9-24- Oktoberfest at WhiteStone from 4:00 PM – 6:00 PM – more information TBA
- 9-27 – Brass and Pipes with Evan Curie, Organ Soloist at 7:30 PM at Christ United Methodist Church – Part of NCBB (North Carolina Brass Band) Programs – FREE.

Bob D



notes

From Robert Dellorfano <rdellorfano2@gmail.com>

Date Wed 7/23/2025 11:28 PM

To Bob Dell <rdellorfano2@gmail.com>

Independent Living Snapshot – July Update

Total IL Units: 210

Occupancy: 97% (204 units)

Sold/Reserved: 99% (208 units)

Current Availability:

- **Cottages:** 0
- **Villas:** 0
- **Apartments:** 1
- **Residential:** 1

July Highlights

Thanks to everyone who's been part of the **LCS Positive Review Campaign**—your efforts are making a real impact! We've collected **11 glowing reviews** so far, and with the campaign running through **July 31st**, there's still time to finish strong. Let's keep the positivity flowing!

Closings Completed: 5

- **Initial Inquiries Connected:** 45
- **New Community Tours Provided:** 13

2025 Update:

- **Total Move-Ins for 2025 (as of July 23rd):** 19
 - **Goal:** 14
 - **Positive Variance:** +35.71%
 - **Wait List:** 140

Coming Soon: Renovations are wrapping up for **4 more new Residents** who will be joining to our community over the next two months!

WhiteStone

A MASONIC & EASTERN STAR
COMMUNITY  EST. 1912

Founded on fellowship. Inspired by you.

OCCUPANCY REPORT

95% occupied / Sold to 99%

Cottages Available - 0
Villa Homes Available - 0
Apartments Available - 0
Residential - 1

JUNE 2025 MOVE INS:

6/23	Lou Heeden	Ben 144
6/25	Barbara Falcon	Ben 345

UPCOMING MOVE INS:

7/3	Tom & Tommye Morrison	Ben 346
7/8	Beth Carroll	ILW 528
7/10	Eleanor Drake	ILS 211
7/16	Vicki Knopfler	ILS 518
7/22	Wayne & Anita Wilson	ILW 324
7/24	John & Judy Jarman	ILS 218
Aug	Mike & Pat Barron	ILW 424
Sept	Nancy & Tom Reaves	1005 FMD
Sept	Martin & Mary Jean Fischer	ILS 414
Sept	Wright & Ann Horne	1 FD

JULY 2025

MARKETING MINUTE

JULY EVENTS

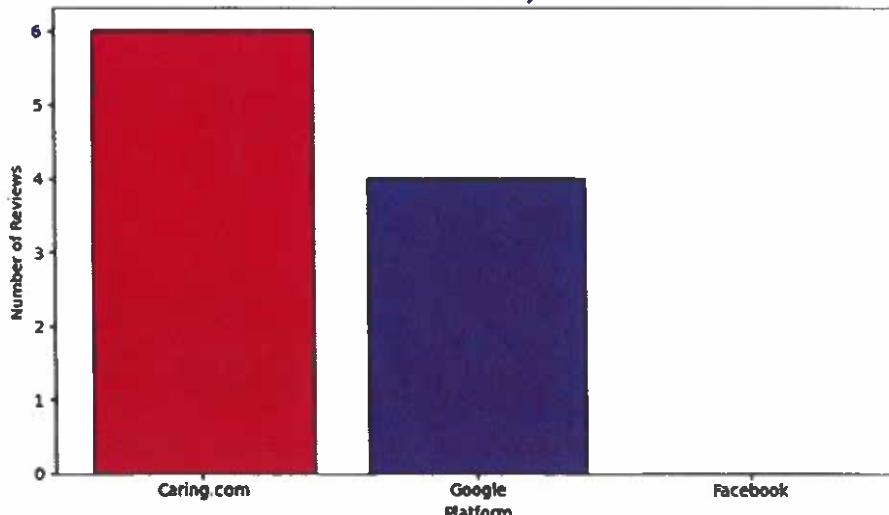
7/16 New Resident Orientation
Fellowship Hall 11:30am

AUGUST EVENTS

8/20 New Resident Orientation
Fellowship Hall 11:30am
8/21 Marketing Event
Fellowship Hall 11:00am
8/27 Quarterly Diamond Dining
Fellowship Hall 12:00pm



Number of Reviews by Platform



Thank you
for your help
with getting
reviews in
June!



Founded on fellowship. Inspired by you.

JULY 2025

MARKETING MINUTE



MARKETING COMMITTEE:

Chair: Bob Dell'Orfano



MARKETING TEAM

If you have any questions or comments, please feel free to reach out to the Marketing Team:

Debi Bryant, Director of Sales & Marketing dbryant@LiveatWhiteStone.org

Monica Hurd, Residency Counselor mhurd@LiveatWhiteStone.org

Meredith Cooper, Marketing Coordinator mcooper@LiveatWhiteStone.org

Resident Referral Program:

We would love your help with spreading the word about WhiteStone. Each prospective resident that you refer to us (that results in a move-in), you (current resident) will get a \$1500 credit on your monthly service fee once they move in.

**NEXT MARKETING COMMITTEE MEETING:
AUGUST 6, 2025 AT 11:15AM**

Food Committee

Phyllis

Food Committee met Thurs. July 10

Dessert demo was given and we got to taste the creme brulee

We were told of the fine dining dinner (chefs table) that will be coming up in August.

We welcomed our new chef, Eric

I also brought up the concern of all the containers and extra food leaving the dining room.

As chair of this committee it would like for you to let me know if you have any real concerns about the food so we don't overwhelm our kitchen staff. Keep in mind that we all cannot be satisfied all the time.

Bistro - New - burger + chicken wrap

Phyllis Jones - Chair

Stewart

Residential Services Committee

JULY 14, 2025

Karla Stapleton, Bob DellOrfano, Ellen Levin, Bob Levin, Linda Christenson, John Serdensky, Amelia Caison, Leslie Caison, Joyce Hibshman, Archana Patel, Allen Greenstein, Nikki Stafford, Chuck Covarrubias, Mark Lewis, Kali Hollingsworth, Larkin Pena, William Ridgeway, Ted Dresie, Bob Kelley

Thought of the Day

Review Of Minutes of 6/9/2025 - Moved and seconded to approve

A. Update on Single Digits - William Ridgeway reported that there had been some storm interruptions, however service has improved. Nikki Stafford brought the committee up to date on a new tech rep from Single Digits.

B. Randolph Clinic Nurse Practitioners - Karla Stapleton said they had not rescheduled the "meet and greet" with two new Nurse Practitioners. They are now considering the Health Fair.

D. Wine Down Update – If you have attended Wine Down the last couple of weeks you have seen the increase in attendance. This was the focus of moving back to the fellowship hall

Nikki & Jenna

Larkin & Andrew

E. Kali Hollingsworth, our Pharmacist, gave a presentation on the capabilities of Neil Medical and the MESH pharmacy. One of the things she explained was how even though she is not always on site, your prescriptions can still be filled from the Neil pharmacy in Burlington and delivered here twice a day. Also that their prices are comparable to other pharmacies. There is a handout at the back of the room with the numbers.

F. Larkin Pena presented information on a new confidential program, an informal support group, for residents to get together and discuss personal problems. You have received flyers in your mailboxes regarding this program. There are some in the back in case you have not received one.

Our next meeting will be August 11th in the Arts and Crafts room. Everyone is welcome to join us.

*Julia for
Linda
Christensen*

Recycle committee notes from 7-7-2025

Present: Staff member, Leonard Miller, Director of Environmental Services and 13 Whitestone residents

Linda Christensen opened the meeting at 10:00am and thanked everyone for coming. Amelia Caison and Linda Christiansen are continuing in their roles as temporary chairs while Ed Walker is out of town.

Old business discussions included

Review of last month's minutes

Discussed different meeting times but group decided to stay with 1st Monday of the month at 10oclock in the Arts and Craft room

Bottle Recycling Gary Crumpton reported on his method of transporting glass bottles from Whitestone to Reconsidered Goods store on Spring Garden. A sign up sheet was sent around for volunteers to assist in taking glass to be recycled.

Plastic Bags. Amelia Caison reports that 20 pounds of plastic has been collected from Whitestone to date with the goal being 1000lbs in order to be rewarded with a NexTrec park bench. There was a reported issue with being able to report on NexTrec website. Plans were made for assistance to be provided for technical support. Suggestion of incorporating smaller pieces of plastic into larger pieces to help manage to transport more efficiently. Reminders were made for plastic to be dry.

Chit Chat Tula Crumpton has agreed to write a monthly column on Recycling Happenings at Whitestone and how all can be involved.

Field trip for observation of recycling efforts at Friends was found that efforts were quite similar to what Whitestone had started.

New Business

Leonard Miller was introduced and thanked by the committee for his help in Whitestone's desire to improve our recycling system. He was alerted to issue of problems with the common-area recycling bin in the Cottages common area and made plans to visit and

correct problems. He also explained how and where the blue recycle bin's were collected and emptied. He also will look into having a recycle bin placed in the rotunda.

Volunteers are needed for transportation for glass bottles from Whitestone to Reconsidered Goods, help with transportation, weighing, photography and reporting online for our plastic recycling efforts with NexTrec.

Tula Crumpton has agreed to take notes for this committee and will see that Resident Council receives a copy for their records.

Styrofoam recycling was discussed but tabled as committee wanted to be comfortable with what they were doing now before adding additional responsibilities.

Whitestone will sponsor Recycling presentations on July 21st and August 4th for more information for our residents to be informed of how they can help in their homes in our Recycling efforts.

The next meeting will be August 4th in the Arts and Crafts room at 10 o'clock

Respectfully submitted

Tula Crumpton

Sent from my iPad

Obtaining Urgent Prescriptions Outside of MESH Pharmacy Hours

PRESCRIPTIONS MAY BE SENT INTO NEIL MEDICAL GROUP BURLINGTON PHARMACY WHEN MESH PHARMACY IS CLOSED

Upon request, a prescription for an IL resident will be delivered to the Care and Wellness Center by the Burlington Pharmacy

- ❖ Please be sure the prescriber includes a note on the prescription, "deliver to the CWC as soon as possible"

AND/OR

- ❖ Call the Burlington pharmacy at 336-228-6337 to request the prescription be sent out for delivery

The Burlington pharmacy makes daily deliveries to the WhiteStone community

- ❖ Monday – Friday deliveries occur around 1 PM and 8 PM
 - Prescriptions must be received before 11:30 AM to arrive on the midday delivery
 - Prescriptions must be received before 5 PM to arrive on the evening delivery
- ❖ Weekend deliveries occur around 6 PM
 - Prescriptions must be received before 4 PM

Once delivered to the CWC, nursing staff at the CWC will then deliver the medication to the IL resident.



Please send electronic scripts to:

PharmSave Inc as MESH Pharmacy
700 S Holden Rd (WhiteStone)
Greensboro, NC 27407

WHITESTONE PHARMACY NUMBER: 336-547-2988

PHARMACY FAX NUMBER: 866-358-3305

WhiteStone Pharmacy Hours:

Monday: 9 am – 1:30 pm

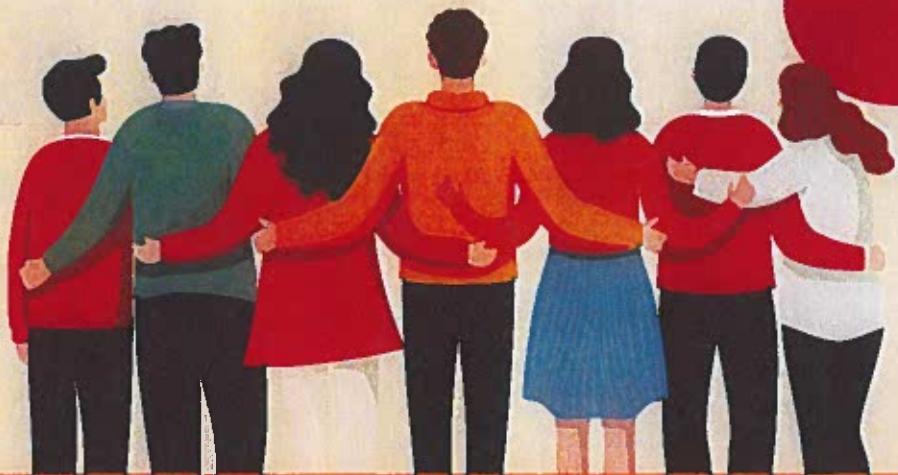
Tuesday: 9 am – 1:30 pm

Wednesday: *closed*

Thursday: 9 am – 1:30 pm

Friday-Sunday: *closed*

During non-WhiteStone Pharmacy hours, please contact the Burlington Pharmacy at 336-228-6337



WhiteStone Wellness Circle

A Safe & Confidential Support Group

Facilitated by Larkin Pefia (B.A. in Psychology)

Join the Whitestone Wellness Circle for a supportive and confidential space for sharing, healing, and connection. Whether you're dealing with stress, anxiety, life transitions, or just need a listening ear, this peer-led group offers a judgment-free environment.

*This is not therapy or professional treatment, but a community of care.
Your story stays here.*

- No medical records – Just mutual support
- Respect & privacy guaranteed
- Open to all adults in Whitestone

Starting in July 2025, Every 2nd and 4th Tuesday
11:00 AM - 12:00 PM | 5th Floor Clinic Area

To sign up or for more information, please email
lpena@meshhome.org or call 336.547.2912.